

REVIEW

Strategies to improve homing of mesenchymal stem cells for greater efficacy in stem cell therapy

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Abstract

Stem/progenitor cell-based therapeutic approach in clinical practice has been an elusive dream in medical sciences, and improvement of stem cell homing is one of major challenges in cell therapy programs. Stem/progenitor cells have a homing response to injured tissues/organs, mediated by interactions of chemokine receptors expressed on the cells and chemokines secreted by the injured tissue. For improvement of directed homing of the cells, many techniques have been developed either to engineer stem/progenitor cells with higher amount of chemokine receptors (stem cell-based strategies) or to modulate the target tissues to release higher level of the corresponding chemokines (target tissue-based strategies). This review discusses both of these strategies involved in the improvement of stem cell homing focusing on mesenchymal stem cells as most frequent studied model in cellular therapies.

Keywords: chemokine receptors; homing; mesenchymal stem cells; preconditioning; therapy

Introduction

Although the healthcare sectors have made great advances in medical sciences during recent decades, there are millions of people living with incurable diseases around the world waiting for scientific breakthroughs to improve their health. Stem cell therapy, which may hold promise for patients in their normal life, also became a hope line for the community. As the field of stem cell biology progressed, it was hypothesized that MSCs have the potential to deliver this “promise”. Some criteria were proposed to define MSCs; first, MSCs must be plastic-adherent when maintained in

standard culture conditions using tissue culture flasks; second, $\geq 95\%$ of the MSC population must express CD105, CD73, and CD90; and these cells must lack expression ($\leq 2\%$ positive) of CD45, CD34, CD14 or CD11b, CD79a or CD19, and HLA class II; third, the cells must be able to differentiate into osteoblasts, adipocytes, and chondroblasts under standard in vitro differentiating conditions (Dominici et al., 2006). MSCs have been isolated from bone marrow (Edalatmanesh et al., 2011) and many other tissues, e.g. adipose tissue (Poloni et al., 2013), umbilical cord matrix (Simoes et al., 2013), synovium (Futami et al., 2012), hair follicle (Zhang et al., 2013) and olfactory bulbs (Huang et al.,

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Abbreviations: MSCs, mesenchymal stem cells; GCSF, granulocyte colony-stimulating factor; GPCRs, G protein-coupled receptors; VPA, valproate; Li, lithium; HDAC, histone deacetylase; SDF, stromal cell derived factor; DFO, deferoxamine; HIF-1 α , hypoxia-inducible factor 1 α ; hAd, human adipose tissue derived; HGF, hepatocyte growth factor; PDGF, platelet-derived growth factor; SCF, stem cell factor; IL, Interleukin; MLC, myosin light chain; BMMSC, bone-marrow-derived multipotent stromal cells; PPG, palmitated protein G; IBD, Inflammatory bowel disease; HCELL, hematopoietic cell E-selectin/L-selectin ligand; GPS, glycosyltransferase-programmed stereosubstitution; SLeX, sialyl Lewis X; UTMD, ultrasound-targeted microbubble destruction; CH-GP-HEC, chitosan-beta glycerophosphate-hydroxyethyl cellulose; PLGA, poly (lactic-co-glycolic acid); HDFs, hypo-dermal fibroblasts; ATCs, Achilles tendon cells; HA, hydroxyapatite; LhCG, living hyaline cartilage graft; ECM, extracellular matrix; MCP3, monocyte chemotactic protein-3; EF, electric fields; hiPSCs, human induced pluripotent stem cells; hESCs, human embryonic stem cells; PDGF-BB-R, platelet-derived growth factor BB receptor; TGF β R1, transforming growth factor- β 1 receptor; IGF-1, insulin-like growth factor-1; MMP-2, matrix metalloproteinase-2; MT1-MMP, membrane type-1 matrix metalloproteinase

2013). MSCs might be beneficial tools for tissue repair, since they produce a variety of cytokines and paracrine factors, such as anti-inflammatory, neurotrophic, angiogenic, immunomodulatory, antifibrotic, antiapoptotic, and survival factors (Caplan and Correa 2011; Larsen and Lewis, 2011; Mundra *et al.*, 2013).

Endogenous MSCs as well as exogenously transplanted MSCs can migrate and participate in tissue repair. Based on this hypothesis, several clinical trials have assessed the safety and efficacy of MSCs for treatment of several diseases (Ohnishi and Nagaya 2007). GCSF and AMD3100 (a CXCR4-antagonist) can mobilize endogenous MSCs from bone marrow into the peripheral blood followed by integration into injured tissues (Deng *et al.*, 2011; Karimabad *et al.*, 2011). However, efficacy of the cell recruitment by the mobilizing factors in patients has had no therapeutic success in related clinical trials (Karimabad *et al.*, 2011). As a consequence of the failure to reach a practical and therapeutic method, scientists have considered using exogenously expanded MSCs. This approach, however, seems to suffer from a major obstacle, as the transplanted cells fail to find their way to damaged tissue. They either die in circulation without leaving vessels after their intravenous injection into the body (Karp and Leng Teo, 2009), or are trapped in unwanted organs, e.g. liver, lungs, and spleen (Barbash *et al.*, 2003; Makinen *et al.*, 2006; Haddad-Mashadrizesh *et al.*, 2013). About 1% of the delivered cells can find their way to the target tissues (LaBarge and Blau, 2002; Barbash *et al.*, 2003; Zhang *et al.*, 2007). It might be hypothesized that increasing the number of injected cells could compensate for the low density of the migrated stem cells, but injection of too many cells may be risky for disturbance in blood flow causing worse problems (Walczak *et al.*, 2008). To acquire a huge number of cells, they should be cultured for a long period of time, which may change their properties and make them unsuitable for clinical applications. The alternative approach to avoid cell loss would be direct injection of the cells into the damaged tissue. However, the invasive procedures for cell delivery downgrade its validity in clinical level (Charwat *et al.*, 2008; Wagner *et al.*, 2009). Furthermore, most of the locally injected cells escape from the injury site (Dell'Accio *et al.*, 2001; Huang *et al.*, 2008). Thus, the focus should be given on the development of appropriate strategies with standards of safety and efficacy acceptable for clinical practices.

Based on the experimental observations that the effective homing of the exogenously transplanted cells greatly improve the efficacy of cells to integrate and function in the target tissues, this review discusses the two main aspects of subject: (1) factors that increase the ability of stem cells to respond to the migratory stimuli; and (2) methods for modulating the target sites to be more attractive for stem cell recruitment (Figure 1).

Some prefer to use the terminology of mesenchymal stromal cells or mesenchymal stem/stromal cells instead of MSCs because the cells used for research and therapy are often heterogeneously cultured cells that are not strictly all stem cells. This may affect their homing and retention in tissues. In this review, we have tried to keep terms used in the cited articles.

Strategies for improvement of stem cell homing

Increasing the ability of stem cells to respond to migratory stimuli (stem cell-based strategies)

MSCs express a group of receptors (Sordi *et al.*, 2005; Ahmadian Kia *et al.*, 2011) that play a crucial role in cell chemotaxis and migration by interaction with appropriate ligands (Wu and Zaho, 2012). Chemokines and their receptors have been identified as mediators of cell trafficking. Chemokines or chemoattractant cytokines are a large family of small secreted proteins that bind to GPCRs, and which can be categorized into four classes based on the basis of variations in a conserved cysteine motif of the mature proteins. The first group of chemokines is the CC family, composed of 28 members, and the second group is CXC family, possessing a single variable amino acid between the first two cysteines, and having 17 members. The CXC chemokines can be further classified into two subfamilies based on the presence or absence of specific motif, namely glu-leu-arg (ELR). Other families are CX3C and XC, with only one member in each (Lazennec and Richmond, 2010). There are 47 chemokines that bind to four classes of chemokine receptors. Many of these chemokines bind to multiple receptors and most of them, except for CX3CR1 and CXCR4, also bind to multiple chemokines. This suggests the possibility of functional redundancy, and their spatial and temporal control of expression. CXCR4/SDF-1 constitutes one of the most efficient chemokine/chemokine receptor pairs regarding cell homing (Lazennec and Richmond 2010). Inadequate amounts of the crucial receptors on the cell surface may be responsible for inefficient homing of the cells to their target tissues (Wynn *et al.*, 2004; Komarova *et al.*, 2010). Here, we discuss some strategies to overcome this pitfall.

Treatment with chemical compounds

MSC treatment with certain chemicals can trigger signaling pathways leading to expression of key mediators involved in cell trafficking. Tsai *et al.* (2011) showed that treatment of rat MSCs with VPA and/or Li and then their transplantation into a stroke model of rat resulted in robust migration and proper homing of the MSCs towards the ischemic site followed by functional recovery, increased angiogenesis, and a reduced infarcted zone in the brain. They proved that enhancement

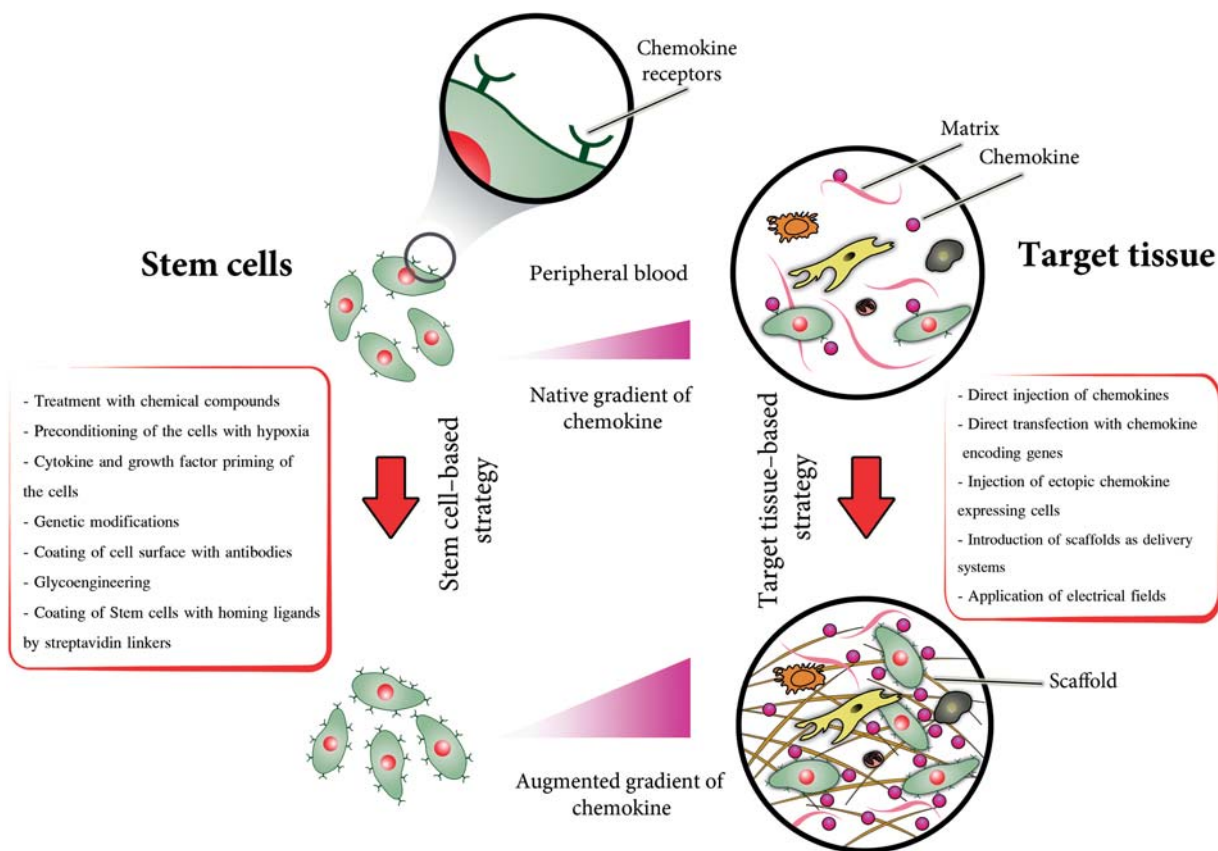


Figure 1 Schematic overview of the experimental strategies to improve homing of MSCs. Strategies can fall into two main categories, i.e. methods that increase the ability of MSCs to better respond to chemotaxis, migratory and homing stimuli, and methods that modulate the target sites to be more attractive for MSCs' recruitment.

of MSC migration is mediated by increasing CXCR4 expression by inhibiting HDAC, including the HDAC1 isoform, or by elevating MMP-9 level through glycogen synthase kinase-3 β inhibition. Chemokine SDF-1 α and its receptor, CXCR4, are involved in stem cell homing to remote injury sites (Kucia et al., 2004; Pasha et al., 2008; Sharma et al., 2011). Treatment of MSCs with DFO, an iron chelator, leads to increased surface expression of the CXCR4, CCR7, and HIF-1 α proteins, and also MMP-2 and MMP-9 activity is significantly increased compared to control groups. The in vitro migration, as well as in vivo homing of DFO-treated MSCs is significantly higher than control groups. It is claimed that this effect is mediated by the availability of HIF-1 α (Najafi and Sharifi, 2013). HIFs are transcription factors that respond to changes in available oxygen in the cellular environment. There are different members of the human HIF family, including HIF-1, HIF-2, and HIF-3. The potential roles of HIF-2 and HIF-3 in cell migration have not yet been confirmed. HIF-1 consists of two subunits: HIF-1 α and HIF-1 β . At the normal oxygen level, HIF-1 α protein, is rapidly degraded by prolyl-

hydroxylase, whereas HIF-1 β is expressed constitutively in all cells and does not respond to oxygen tension. DFO can stabilize HIF-1 α under normoxic conditions by inhibiting prolyl-hydroxylase (Sharp and Bernaudin 2004; Chu et al., 2008), and its stabilization increases HIF-1 activity, resulting in transcription of many genes involved in cell migration (Tsai et al., 2012). Cobalt chloride and hydralazine also have similar effects on HIF-1 stabilization and cell migration (Knowles et al., 2004; Hoenig et al., 2008; Yu et al., 2013), which is tempting to consider them as cell migration promoting components.

Preconditioning of the cells with hypoxia

Short term exposure of MSCs to hypoxia might induce the expression of some genes involved in cell migration, e.g. CXCR4, CXCR7, CX3CR1, and SDF-1 α (Hung et al., 2007; Liu et al., 2012). HIF-1 was introduced as a master regulator of this effect (Mamalis and Cochran, 2011; Mimeault and Batra, 2013). Hypoxic preconditioning of mice bone marrow derived MSCs could improve cell migration, adhesion and survival. These processes are mediated by activation of PI3K/

AKT-HIF-1 α -CXCR4/CXCR7 pathway (Liu *et al.*, 2010). Hu *et al.* (2011) demonstrated that hypoxic preconditioning increased MSCs migration into the infarcted myocardium of mice, and provided evidence that this effect was mediated by increased expression of the Kv2.1 channel protein, leading to FAK phosphorylation/activation. Activated FAK binds to several proteins involved in regulation of cell adhesion and migration.

Hypoxic preconditioning of MSCs has been introduced as a positive therapeutic approach for ischemic diseases (Wei *et al.*, 2013; Yue *et al.*, 2013). The oxygen tensions depend on the type of cells, as these rates for the typical cell culture conditions, normal bone marrow, and ischemic tissues are 21, 5, and 1% or lower, respectively. In cell transplantation programs, it is believed that the injected MSCs must rapidly adapt themselves to the significantly lower oxygen tension in the ischemic tissue. It seems that *in vitro* preconditioning of the cells with hypoxia would increase their survival rate *in vivo*. Previous studies have indicated that the hypoxic preconditioned human MSCs have shown much better performance than unconditioned control cells in motility status and therapeutic potential (Rosova *et al.*, 2008). Therefore, based on these data, short-term hypoxic preconditioning has been introduced as another strategy for increasing the injected MSCs population at an injured site because of their enhanced migration and survival rates.

Priming of the cells with cytokines and growth factors

To see whether the migration activity of hAd-MSCs could be influenced by prior stimulation with chemokines or growth factors, Baek *et al.* (2011) pretreated hAd-MSCs with RANTES, SDF-1 α , HGF, TNF- α , PDGF-AB, or TGF- β 1. Among these, TNF- α induced the highest level of chemotaxis. Shi *et al.* (2007) showed that a cocktail of five cytokine containing Flt-3 ligand, SCF, IL-6, HGF, and IL-3 increased the homing ability of FLK⁺ MSCs derived from human fetal bone marrow to SDF-1. They also proved that this effect is mediated by upregulation of CXCR4 protein in hAd-MSCs, and that the CXCR4/SDF1 axis is important in the homing process.

The effect of CCL25 stimulation on chemotaxis of human MSCs has also been investigated, indicating that the genes coding for proteins, known to be involved in cellular movement, are highly regulated, and in accordance with it, the secretion of proteins and chemotaxis are also increased (Binger *et al.*, 2009).

Genetic modifications

Overexpression of α 4 subunit of the VLA-4 integrin in MSCs, using adenoviral vector, results in increased MSCs homing to bone marrow in a mouse model (Kumar and Ponnazhagan 2007). VLA-4 integrin is composed of CD49d (α 4) and CD29 (β 1), whose heterodimerization and

interaction with VCAM1 results in firm adherence of circulating cells to the endothelium, followed by endothelial transmigration (Springer 1994; Jacobsen *et al.*, 1996; Schweitzer and Drager, 1996).

Bobis-Wozowicz *et al.* (2011) found that hAd-MSCs, with an overexpressed level of CXCR4, showed increased motility, invasiveness and homing to bone marrow of NOD/SCID mice. Ryser *et al.* (2008) also showed that overexpression of the CXCR4 receptor at mRNA level allows the transient initiation of chemotaxis in MSCs. Transient over-expression of CXCR4 could lead to an increased *in vivo* mobilization, and engraftment of the MSCs into the ischemic areas promoted neomyoangiogenesis and alleviated early signs of the left ventricular remodeling (Zhang *et al.*, 2008).

CXCR4 and CXCR7 genes have been ectopically overexpressed in mouse bone marrow derived MSCs (BM-MSCs). However, the results indicated that the migration of both native and genetically manipulated MSCs to the injured kidney were the same at very low level, and that the transplantation of the manipulated cells gave no signs of tissue recovery (Gheisari *et al.*, 2012).

CXCR4 mRNA transcripts have been transfected into the human MSCs, without any significant improvement in their cell migration; and therefore, it was concluded that there might be other factors responsible for MSC chemokinesis, independent from CXCR4/SDF-1 α axis (Wiehe *et al.*, 2012). Although, CXCR4/SDF-1 α axis has emerged as an important regulator of cell mobilization and trafficking during tissue regeneration, it seems that this might not be the precise axis to enhance the MSCs homing. Hence, the challenge remains to introduce the responsible players beside the previously reported CXCR4/SDF-1 α axis in the process of cell homing.

Coating of cell surface with antibodies

Making an antibody with double affinity has been another innovative idea introduced for targeting and retaining stem cells in the damaged tissues. Gundlach *et al.* (2011) synthesized a bispecific antibody, including an anti-CD90 recognizing MSCs and an anti-MLC. MLC increases after cardiac infarction in ischemic myocardium (Lyn *et al.*, 2000). This construct induced murine BMMSC adhesion to the immobilized MLC1 substrate (Gundlach *et al.*, 2011), while the efficiency of this construct in clinical application has been remained to be examined.

MSCs have been coated with antibodies that react against VCAM-1 and MAdCAM-1; these endothelial addressins direct leukocyte migration to inflamed tissues by their cognate receptors, such as α 4 β 1 integrin (VLA-4), that binds VCAM-1 or fibronectin (Alon *et al.*, 1995), and α 4 β 7 that binds MAdCAM-1 (Takada *et al.*, 2007). Conjugation of the antibodies to the surface of MSCs was done with

intervention of PPG. This coating increased cell homing to the inflamed colon after systemic delivery and elevated the efficacy of the MSCs to improve treatment of IBD. This effect was mediated by MSCs immunosuppressive capabilities (Ko *et al.*, 2010).

MSCs coated with PPG followed by antibodies against ICAM-1 promoted MSCs attachment to the endothelial cells, which resulted in resistance to high flow conditions (Ko *et al.*, 2009). However, whether rolling and transmigration of the MSCs from endothelium is possible after this high attachment, remains questionable.

Glycoengineering

Cell migration involves a cascade of events initiated by shear-resistant adhesive interactions between flowing and endothelial cells at the target tissue. Interaction of E-selectin which is expressed on the endothelial cells, with its ligand on the migrating cells has a key role in this step. E-selectin is a lectin that binds to the specialized carbohydrate determinants, prototypically consisting of sialofucosylations containing an α -2,3-linked sialic acid substitution on galactose and an α -1,3-linked fucose modification on N-acetylglucosamine. Together they are displayed as the terminal tetrasaccharide sialyl Lewis X. This ligand is also named HCELL, because it is expressed in the hematopoietic stem cells. MSCs do not express E-selectin ligands, whereas expression of a CD44 glycoform bearing α -2,3-sialyl modifications by them is obvious. After application of an α -1,3-fucosyltransferase under specific enzymic conditions, the native CD44 glycoform on MSCs is converted to a ligand for E-selectin without effects on cell viability or multipotency. As E-selectin is mostly expressed in bone marrow, dermal microvascular endothelium and post-capillary venules at all sites of the injured tissues, HCELL in its engineered form on the human MSCs therefore can serve as a homing receptor (Sackstein, 2009, 2011a,b). Injection of the HCELL-bearing human MSCs into mice led to significant homing of the cells into bone marrow (Sackstein *et al.*, 2008). A high level of HCELL directly induces VLA-4 activation via a Rac1/Rap1 GTPase signaling pathway, resulting in transendothelial migration of human MSCs to the stimulated human umbilical vein endothelial cells without chemokine input (Thankamony and Sackstein 2011). GPS was named after the technology developed for modifying CD44 glycans to create HCELL on the surface of living cells (Sackstein, 2009, 2012a,b).

Coating of stem cells with homing ligands by streptavidin linkers

Tethering, rolling, adhesion, extravasation, and engraftment are consecutive steps of homing processes. Enhancement of each step could lead to improvement of the cell homing process. Some researchers have focused on

improvement of rolling step by introduction of SLeX to the surface of MSCs (Sarkar *et al.*, 2008, 2010, 2011a,b). SLeX with selectins, expressed by endothelial cells of inflamed tissues, is required for promotion of cell rolling (Zhang *et al.*, 2004; Luster *et al.*, 2005; Simon and Green, 2005). To achieve this goal, SLeX was conjugated to the surface of primary human MSCs through a simple procedure (Sarkar *et al.*, 2008, 2010, 2011a,b). They first modified the surface of MSCs by biotinylated lipid vesicles, followed by incubation with streptavidin to provide biotin-streptavidin bridges. Biotinylated SLeX was added to the culture to immobilize the homing ligand of SLeX on the cell surfaces. There was an increased rolling of the SLeX-MSCs on P-selectin coated substrate *in vitro*, and their migration towards the inflamed tissue was enhanced *in vivo* when administered systemically. This strategy seems to be applicable for different cell types and also for targeting a number of tissues in cell therapies. For better effect, identification of the receptors, expressed specifically on endothelium of the target tissues, is a very crucial step. This would pave the way for construction of chemically engineered cells with proposed ligands to improve the results.

Although a number of strategies has been introduced to increase the ability of stem cells to respond to migratory stimuli, *ex vivo* expansion and manipulation may alter some characteristics, such as proliferative capacity, differentiation potential, and genetic stability of cells. This may negatively affect their safety at clinical level. Therefore some prefer to modulate the target sites, an approach for designing more attractive environments to enhance stem/progenitor cells recruitment. These strategies are conceived as being more effective for targeted homing than stem cell-based strategies.

Modulating the target sites for attraction of stem cells

After tissue injury, SDF-1 α expression increases in the damaged cells leading to recruitment and retention of progenitor cells at the injury site via chemotactic attraction towards a gradient of SDF-1 α (Hu *et al.*, 2007; Saxena *et al.*, 2008). However, since the natural phenomenon of increased SDF-1 α does not seem sufficient for complete regeneration and repair of the lesions, more comprehensive approaches are being sought to enhance chemotactic attraction of the stem/progenitor cells to the injured tissue/organs, as discussed below.

Direct injection of chemokines

The direct injection of the chemokines into target sites is under investigation. Sasaki *et al.* (2007) found that direct injection of SDF-1 α into the ischemic myocardium in mouse model decreased infarction by enhancing recruitment of the

bone marrow cells to the location, followed by angiogenesis. Similar results were reported by Yamaguchi *et al.* (2003) in limb ischemia, from which it was suggested that functional recovery of an injured organ after direct delivery of SDF-1 α was probably due to the enhanced recruitment of the circulating cells, which is followed by neovascularization (Saxena *et al.*, 2008). However, due to the short half-life of SDF-1 protein and its degradation by proteolytic enzymes in the injured tissues, a bioengineered protease-resistant SDF-1 that retains its chemotactic potential was used (Segers *et al.*, 2007, 2011).

Direct transfection of the target tissue with chemokine encoding genes

UTMD may be a non-invasive and selective approach for gene delivery. In this approach, plasmids containing gene of interest are conjugated with lipid microbubbles, which release plasmid DNA when exposed to ultrasound beam (Bekeredjian *et al.*, 2005). In a study, therapeutic genes of SCF and SDF-1 α were delivered to infarcted myocardium of rat by UTMD method. The results indicated a significant increase in SDF-1 α at mRNA and protein levels, followed by an increased homing of CXCR4-positive cells to the myocardium (Fujii *et al.*, 2011). In a clinical trial (phase I), 17 patients were enrolled to receive JVS-100 by endomyocardial injection. JVS-100 is a DNA plasmid encoding SDF-1. After 12 months, improvement in quality of life was reported (Penn *et al.*, 2013).

Injection of cells expressing ectopic chemokine

Considering the increased natural level of SDF-1 after organ injury and its effect in recruitment of the endogenous stem/progenitor cells, it was hypothesized that transplantation of stem cells with elevated level of SDF-1 might be an advantage. Zhao *et al.* (2009) found that injection of MSCs overexpressing SDF-1 α to the ischemic hearts significantly increased migration of bone marrow derived progenitor cells and greatly enhanced the cardiac regeneration. Others have confirmed functional recovery following the increased migration of the endogenous cells in the case of ischemic myocardium and diabetic wounds after applying of same protocol (Di Rocco *et al.*, 2010; Blumenthal *et al.*, 2011).

Application of scaffolds as delivery systems in target tissue

Controlled release of a chemokine from various biomaterials enhances recruitment of MSCs towards them. Recently, it has been proposed that injectable hydrogels, such as CH-GP-HEC, are good candidates for in situ cartilage tissue regeneration by recruitment of MSCs (Naderi-Meshkin *et al.*, 2014). Schantz *et al.* (2007) achieved site-specific homing of MSCs toward a cellular polycaprolactone scaffold, which was constantly releasing SDF-1 with micro

delivery device in vivo. Gelatin hydrogel (Kimura and Tabata 2010), PLGA scaffolds (Thevenot *et al.*, 2010), and poly (lactide ethylene oxide fumarate) hydrogel (He *et al.*, 2010) have also been used to achieve MSCs recruitment. In particular, Shen *et al.* (2010) developed a bioactive knitted silk-collagen sponge scaffold by incorporation of exogenous SDF-1 α . This strategy enabled selective migration and homing of CXCR4-expressing fibroblast cells, HDFs and ATCs, and resulted in in situ tendon regeneration and decreased accumulation of inflammatory cells.

ch/ γ -PGA polyelectrolyte multilayer films (PEMS) have been used as scaffold and optimized as SDF-1 delivery system. SDF-1 retained its biological activity after incorporation with proposed scaffold, and also sustained and controlled release of SDF-1 promoted migration of the MSCs in vitro (Goncalves *et al.*, 2012).

Incorporation of some bone matrix molecules, such as collagen I and HA, into scaffold would increase adsorption and release of growth factors, followed by enhanced migration and adhesion of the MSCs to the scaffold (Phipps *et al.*, 2012). In these studies, scaffolds were used as delivery systems for the chemokines. Others have preferred to use the scaffolds as delivery systems for vectors carrying the genes, required for chemokine secretion. Zhang *et al.* (2013) used a recombinant adenoviral vector, carrying SDF-1 transgene that was constructed and applied to transduce LhCG which is a cartilage graft composed of living chondrocytes and their cartilaginous ECM. After implantation, SDF-1-LhCG released recombinant SDF-1 chemokine in an animal model and increased migration rate of the stem/progenitor cells via systemic circulation towards the implanted graft and also enhanced the cartilage regeneration of the proposed graft.

In some other studies, scaffolds were used as delivery systems for modified cells. Shinohara *et al.* (2011) showed that transplantation of a collagen scaffold, equipped with MSCs overexpressing SDF-1 or MCP3, adjacent to a fracture site enhanced homing of systemic circulating osteogenic cells. This was support for the hypothesis claiming the positive impact of SDF-1 and MCP3 for induction of homing in stem cells.

Thieme *et al.* (2009) reported that 3D porous bone substitute scaffolds, equipped with modified BM-MSCs, not only serve as scaffold in large bone defects but also attract MSCs to the location. They showed that transient over-expression of the CXCR4 gene in human BM-MSCs, induced by mRNA transfection, enhances SDF-1 α directed chemotactic capacity to internal compartments of the implanted SDF-1 α releasing scaffolds in vitro and in vivo. These techniques seem to be more targeted; localized and high efficiency, however, makes it difficult to optimize the release profile of chemokines in vivo.

Application of electrical fields

EF induce rapid and directed migration of the neural precursor cells (Babona-Pilipos et al., 2011; Feng et al., 2012). A clinical trial in spinal cord injury showed considerable recovery of the injured area after exposure to the weak EF (Borgens 1988; Tator 2005). Li et al. (2008) found that physiological EFs enhanced neural stem/progenitor cell migration toward the cathode and suggested that the underlying signal transduction pathway might be

NMDAR/Rac1/actin. It has been established that endogenous EF in embryo has a critical role in correct migration of the neural stem cells and development of the nervous system (Nuccitelli 2003; McCaig et al., 2005).

Zhang et al. (2011) investigated the application of EFs to guide migration of hiPSCs, and hESC in 2D (matrigel-coated electrostatic chamber) and 3D (custom designed 3D electrostatic chambers filled with polymerized matrigel) culture conditions. hiPSCs migrated directionally in the

Table 1 Advantage and disadvantage of suggested strategies to increase homing of stem cells to the target tissues.

Strategy	Advantages	Bottlenecks	References
I) Strategies for improvement of stem cells respond to migratory stimuli (Stem cell-based)			
Treatment with chemical compounds	Simple, Fast	Safety problems, Probable changes in gene expression, Insignificant effect on preventing cell distribution into non-targeted organs	Knowles et al., 2004; Hoenig et al., 2008; Tsai et al., 2011; Tsai et al., 2012; Najafi and Sharifi 2013; Yu et al., 2013
Preconditioning of the cells with hypoxia	Simple, Fast	Optimization problems, Insignificant effect on preventing cell distribution into non-targeted organs	Hung et al., 2007; Rosova et al., 2008; Liu et al., 2010; Hu et al., 2011; Liu et al., 2012; Wei et al., 2013; Yue et al., 2013
Cytokine and growth factor priming of cells	Simple, Fast	Safety problems, Probable changes in expression of unwanted genes, Expensive, Insignificant effect on preventing cell distribution into non-targeted organs	Shi et al., 2007; Binger et al., 2009; Baek et al. 2011
Genetic modifications	More directed	Safety problems, Difficult and expensive, Risk of tumorigenicity, Insignificant effect in preventing cell distribution into non-targeted organs	Kumar and Ponnazhagan, 2007; Ryser et al., 2008; Zhang et al., 2008; Bobis-Wozowicz et al., 2011; Gheisari et al., 2012; Wiehe et al., 2012
Coating of cell surface with antibodies	More directed	Difficult and expensive	Ko et al., 2009, 2010; Gundlach, 2011
Glycoengineering	More directed	Difficult and expensive	Sackstein et al., 2008; Sackstein, 2009, 2011, 2012a,b
Coating of stem cells with homing ligands by strept-avidin linkers	More directed	Difficult and expensive	Sarkar et al., 2008, 2010, 2011a,b
II) Modulating the target sites for being more attractive for stem cells recruitment (Target tissue/organ-based)			
Direct injection of chemokines	Simple, Fast, Targeted	Short half-life of chemokines, Diffusion to surrounding milieu, Degradation by resident proteases	Yamaguchi et al., 2003; Sasaki et al., 2007; Segers et al., 2007, 2011; Saxena et al., 2008
Direct transfection of target tissue with chemokine encoding genes	Targeted	Immunogenicity, Retroviral-mediated insertional mutagenesis, Expensive, Difficult	Fujii et al., 2011; Penn et al., 2013
Injection of ectopic chemokine expressing cells	High efficiency	Safety problems, Difficult and expensive	Zhao et al., 2009; Di Rocco et al., 2010; Blumenthal et al., 2011
Application of scaffolds as delivery systems into target tissues	More targeted, Localized, Highly efficient	Difficulty of optimization for release profile of chemokines, Expensive	Schantz et al., 2007; Thieme et al., 2009; He et al., 2010; Kimura and Tabata, 2010; Shen et al., 2010; Thevenot et al., 2010; Shinohara et al., 2011; Goncalves et al., 2012; Phipps et al., 2012; Zhang et al., 2013; Naderi Meshkin et al., 2014
Application of electrical fields	Easy to use, Cheap	Hard to optimize	Borgens, 1988; Nuccitelli, 2003; McCaig et al., 2005; Tator, 2005; Li et al., 2008; Babona-Pilipos et al., 2011; Griffin et al., 2011; Zhang et al., 2011; Feng et al., 2012

presence of EF in a voltage dependent manner and EF exposure did not affect expression of stem cell markers. hiPSCs showed more sensitivity and directedness to the EF in comparison with hESCs. Accordingly, they suggested a critical role for Rho/ROCK signaling in galvanotaxis of hiPSCs. Griffin *et al.* (2011) found that BM-MSCs treated by EF significantly overexpressed several migratory related genes, including SDF-1/CXCR4, PDGF-BB-R, TGF β 1, IGF-1, and its receptor IGF-1 receptor (IGF-1R). EF treated cells also showed higher cell invasion through the collagen barrier which correlates with the higher expression of MMP-2 and MT1-MMP.

Although optimization is hard *in vivo*, EFs seem to be safe in human, thus they are used in cell therapy and can bring better clinical results by enhancing directed cell migration to the damaged tissues.

Advantages and drawbacks

In this review, two kinds of strategies regarding chemokine/chemokine receptor interactions, and their potential impacts on cell therapy to improve stem cell homing, have been discussed. Despite the promising literature, the notion still suffers from several drawbacks and there may be a gap between these experimental approaches and their application in clinic. Some of the advantages and drawbacks faced by stem/progenitor cells and target tissues/organs regarding application of the above mentioned strategies are summarized in Table 1.

Conclusions and future outlook

A number of stem/progenitor cells respond positively to chemokines with a direct or indirect correlation to the homing of cells. Accordingly, considerable effort has been made to develop engineering techniques, targeting either cells or target tissues/organs utilizing chemokine ligand/receptor axis to enhance stem cell homing to the injury site. In spite of preliminary success in the improvement of cell properties (cell-based strategies) to yield higher homing efficiency, they are either expensive or difficult to accomplish. These strategies also have safety problems from different points of view, including incomplete localization to the injury site. Therefore, to address these concerns, many have focused on developing target tissue/organ-based strategies. Among different strategies involved in modulating target sites, it seems that using equipped scaffolds for the delivery of the chemokines are more attractive. Several SDF1-incorporated scaffolds have been designed to attract endogenous or transplanted stem/progenitor cells with high content of its specific receptor, CXCR4, to regenerate damaged tissues *in situ*. In an innovative way, it is proposed combining the two kinds of strategies to get greater

efficiency of homing and better subsequent outcomes, *i.e.* using both cell-based and target tissue-based methods together.

These extensive investigations have provided significant potential for enhancing targeted stem/progenitor cell homing. There are some limitations that make it difficult to apply these findings in clinics. To overcome these limitations, we need to understand the molecular and cellular mechanisms underlying endogenous cell trafficking during physiological and pathological events, *e.g.* embryogenesis, inflammation, wound healing and, cancer metastasis.

Addressing these biological issues would lead to higher efficiency and efficacy of stem cell homing, and hopefully clinical trials will be replaced by routine clinical application of cells in the case of incurable diseases.

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