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## Effects of replacement different levels and sources of methionine with betaine on jejunal morphology, duodenal mitochondrial respiration, and lipid peroxidation in heat-stressed broiler chickens

Fatemeh Sahebi-Ala<sup>a</sup>, Ahmad Hassanabadi<sup>a</sup> , Abolghasem Golian<sup>a</sup>  and Hossein Rajaei-Sharifabadi<sup>b</sup>

<sup>a</sup>Department of Animal Science, Faculty of Agriculture, Ferdowsi University of Mashhad, Mashhad, Iran; <sup>b</sup>Department of Animal Science, Faculty of Agriculture, Malayer University, Malayer, Iran

### ABSTRACT

This study aimed to investigate the effects of replacement different levels and sources of methionine (Met) with betaine on jejunal morphology, duodenal mitochondrial respiration, and lipid peroxidation in heat-stressed broiler chickens. A total of 1,200 one-day-old Ross 308 broilers were randomly assigned to two similar poultry houses. The experiment was designed as a 2 (ambient temperatures) × 2 (Met sources) × 3 (Met levels) × 2 (betaine amounts) split-plot factorial arrangement. Basal diets (Low-Met) were formulated with DL- or L-Met to meet Ross 308 nutrient recommendations except for Met which was 30% lower than the recommendation. Met level in basal diets was increased to the recommendation and/or 30% more than recommendation (High-Met) by supplemental DL- or L-Met. Betaine was or was not partially substituted at a 30% equivalent level of supplemental DL- or L-Met. HS was induced by increasing ambient temperature to 32 °C for 6 h daily in one house from 10 to 42 d. The highest feed conversion ratio (FCR) was observed in Low-Met diets. Low-L-Met diets showed greatest FCR than Low-DL-Met diets groups. Breast muscle malondialdehyde (MDA) concentration was decreased by increasing dietary Met level under HS. Duodenal MDA concentration and complex (Cox) III activity was lower and higher in L-Met diets than DL-Met diets, respectively. Cox II activity was increased in High-Met diets, and also was improved by betaine replacement. Villus height (VH) and Villus surface (VS) was increased in L-Met diets compared to DL-Met diets. Generally, L-Met was more effective than DL-Met in jejunal morphology, reducing duodenal MDA, and increasing Cox III activity. Betaine had the potential to be a partial replacement for Met.

### HIGHLIGHTS

- L-Met was more efficient than DL-Met in duodenal malondialdehyde concentration and complex III activity.
- Heat stress reduced the growth performance of broilers through its negative effects on intestinal development and duodenal activity of respiratory chain complexes.
- Betaine could have a protective effect on mitochondrial function in the tissues of broiler chickens.

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Heat stress; lipid peroxidation; morphology; methyl donor; mitochondrial complexes activity


## Introduction

Heat stress (HS) triggers many metabolic changes in the body by which broiler's welfare and productivity are diminished. HS can induce oxidative damage that may be associated with perturbations in the physiological function of mitochondria, such as a decrease in the activity of mitochondrial respiratory chain complexes and an increase in the production of reactive oxygen species (ROS) (Del Vesco et al. 2014). Enhanced production of ROS in the mitochondria may

lead to disruption in the structure and function of the intestinal epithelium, damage to the enterocyte membrane, and lipid oxidation (Belhadj Slimen et al. 2016).

Methionine (Met) is the main limiting amino acid (AA) in practical poultry diets. Methyl donation, scavenging of oxygen species, antioxidant activity, and being the precursor to glutathione (GSH) have been well-defined as some functional roles of Met in the body (Shen et al. 2014). In poultry diets, supplemental Met is provided either as DL-Met, L-Met, or liquid

**CONTACT** Professor Ahmad Hassanabadi  [hassanabadi@um.ac.ir](mailto:hassanabadi@um.ac.ir)  Department of Animal Science, Faculty of Agriculture, Ferdowsi University of Mashhad, P. O. Box: 91775–1163, Mashhad, Iran

 Supplemental data for this article can be accessed [here](#).

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DL-Met hydroxy analogue-free acid (MHA-FA). Animal cells can utilise only L-AAs for protein synthesis, whereas D-AAs need to be converted into L form by D-amino acid oxidase, before being utilised by the body cells (Park et al. 2018). Thus, the efficacy of metabolic utilisation of exogenous D-Met relies on how it can be efficiently transformed into L-Met. Between the two pathways of Met uptake (sodium-dependent and sodium-independent), the sodium-independent pathway leads to less D-Met uptake than L-Met and loses energy under HS conditions. Therefore, considering that L-Met may have more efficient advantages compared to D-Met, it can be assumed that growth performance and gut development in broilers fed with a diet supplemented with L-Met will be better than DL-Met (Wickramasuriya et al. 2019).

As an alternative for Met, betaine plays an important role in cellular protection against environmental stresses, such as high temperature, and allows cells to continue regular metabolic activities in conditions that normally inactivate them. Furthermore, osmolytes like betaine maintain cellular free water content and ion balance and thus, permit cell proliferation under stress conditions (He et al. 2015). Further studies have approved that betaine had a protective effect on the morphology of mitochondria, endoplasmic reticulum, Golgi apparatus, and nuclear DNA via an increasing amount of S-adenosyl methionine (SAM) (Craig 2004). Andringa et al. (2010) showed that betaine normalised SAM:S-adenosylhomocysteine (SAH) ratio and maintained mitochondrial genome during mitochondrial superoxide production and preserved mitochondrial respiratory capacity. However, there is a controversy on the ability of betaine for partial sparing of Met, and also the mechanism for the modulating effect of betaine on the activity of mitochondrial complexes is not well-known. Therefore, this study was done to mainly investigate the potential of betaine as a replacement of different sources of Met (L and DL) in maintaining intestinal development and activity of duodenal respiratory enzymes in broiler chickens subjected to HS. The overall hypothesis of this study was that the nutritional bioefficacy of L-Met is higher than that of DL-Met and betaine can partially spare Met in heat-stressed broiler, which would be reflected in the parameters measured in the study.

## Materials and methods

### Experimental design

Basal diets (Low-Met) were formulated with DL- or L-methionine to meet Ross 308 nutrient

**Table 1.** Ingredients and nutrient composition of basal diets, *as-fed basis*<sup>a</sup>.

	Starter (0–10 d)	Grower (11–24 d)	Finisher (25–42 d)
Ingredients (%)			
Corn (8% CP)	31.20	25.40	30.00
Soybean meal (44% CP)	39.10	34.00	28.60
Wheat	20.00	30.00	30.00
Soybean oil	5.36	6.74	7.47
Dicalcium phosphate	1.87	1.64	1.70
Limestone	1.14	1.05	1.06
NaCl	0.36	0.35	0.35
DL- or L-methionine	0.05	0.03	0.03
L-lysine HCl	0.32	0.27	0.28
L-threonine	0.10	0.08	0.06
Vitamin premix <sup>b</sup>	0.25	0.25	0.25
Mineral premix <sup>c</sup>	0.25	0.25	0.25
Calculated values (%) <sup>d</sup>			
Metabolisable energy (kcal/kg)	3,000 (2,993) <sup>e</sup>	3,100 (3,086)	3,200 (3,196)
Crude protein (CP)	23.0 (23.20)	21.5 (21.20)	19.5 (19.00)
Calcium	0.96 (0.93)	0.87 (0.9)	0.87 (0.86)
Available phosphorus	0.48 (0.45)	0.43 (0.4)	0.43 (0.4)
Sodium	0.16	0.16	0.16
Chloride	0.26	0.24	0.24
Choline (mg/kg)	1,948	1,940	1,928
Total amino acids <sup>f</sup>			
Methionine	0.39 (0.39)	0.36 (0.31)	0.33 (0.30)
Methionine + cystine	0.76 (0.65)	0.71 (0.60)	0.65 (0.54)
Lysine	1.44 (1.25)	1.29 (1.13)	1.16 (0.99)
Threonine	0.97 (0.78)	0.88 (0.77)	0.78 (0.69)
Isoleucine	0.97 (0.82)	0.89 (0.78)	0.80 (0.67)
Tryptophan	0.35 (0.26)	0.32 (0.25)	0.29 (0.22)
Valine	0.90 (0.79)	0.83 (0.72)	0.75 (0.66)

<sup>a</sup>Met levels in the basal diets (30% lower than recommendation) were increased to a recommendation or 30% more than a recommendation by supplemental DL- or L-Met, and betaine was or was not substituted for 30% of supplemental DL- or L-Met resulted in 12 diets for each rearing phase.

<sup>b</sup>Vitamin premix provided per kilogram of diet: vitamin A (retinyl acetate), 15,000 U; vitamin D<sub>3</sub>, 5,000 U; vitamin E (DL- $\alpha$ -tocopheryl acetate), 80 mg; vitamin K, 5 mg; thiamine, 3 mg; riboflavin, 10 mg; pyridoxine, 5 mg; vitamin B<sub>12</sub>, 0.02 mg; niacin, 70 mg; choline chloride, 1800 mg; folic acid, 2 mg; biotin, 0.4 mg; pantothenic acid, 20 mg.

<sup>c</sup>Mineral premix provided per kilogram of diet: Mn (manganese sulfate), 100 mg; Zn (zinc sulphate), 65 mg; Cu (copper sulfate), 5 mg; Se (Sodium Selenite), 0.22 mg; I (calcium iodate), 0.5 mg; and Co, 0.5 mg.

<sup>d</sup>The values were calculated from Aviagen, 2014.

<sup>e</sup>The analysed values are represented in parenthesis.

<sup>f</sup>Digestible amino acids are represented in the parenthesis.

recommendations (2014) for starter (1–10 d), grower (11–24 d), and finisher (25–42 d) periods with the exception that amount of Met was 30% lower than the recommendation (Table 1). Met levels in basal diets (Low-Met) were increased to the level of recommendation (Rec-Met) and/or 30% more than the recommendation (High-Met) level by adding DL- or L-Met (Table 2). Betaine (Sigma Aldrich, St. Louis, MO, USA) was substituted for 30% of DL- or L-Met in Low-, Rec- and High-Met diets according to its methyl donating capacity. Therefore, there were 12 dietary treatments: (1) Low-DL-Met, (2) Low-L-Met, (3) Low-DL-Met + Betaine, (4) Low-L-Met + Betaine, (5) Rec-DL-Met, (6) Rec-L-Met, (7) Rec-DL-Met + Betaine, (8) Rec-L-Met + Betaine, (9) High-DL-Met, (10) High-L-Met, (11) High-DL-Met + Betaine, and (12) High-L-Met + Betaine.

**Table 2.** Analysed vs. calculated methionine (Met) and betaine (Bet) amounts in all diets (g/kg).

Items	Low-DL or L-Met <sup>a</sup>	Low-DL or L-Met <sup>a</sup> + Bet <sup>b</sup>	Experimental diet		High-DL or L-Met <sup>a</sup>	High-DL or L-Met <sup>a</sup> + Bet <sup>b</sup>
			Rec-DL or L-Met <sup>a</sup>	Rec-DL or L-Met <sup>a</sup> + Bet <sup>b</sup>		
Starter (1–10 d)						
Met supplemented	0.50	0.35	2.21	1.54	3.92	2.73
Betaine	0.00	0.12	0.00	0.52	0.00	0.93
Calculated Met	3.92	3.77	5.63	4.96	7.34	6.15
Calculated cystine	3.64	3.64	3.64	3.64	3.64	3.64
Analysed Met	3.88	3.70	5.59	4.90	7.30	6.10
Analysed cystine	3.60	3.61	3.61	3.59	3.60	3.59
Grower (11–24 d)						
Met supplemented	0.30	0.21	1.86	1.31	3.42	2.39
Betaine	0.00	0.07	0.00	0.44	0.00	0.82
Calculated Met	3.57	3.48	5.13	4.58	6.69	5.66
Calculated cystine	3.52	3.52	3.52	3.52	3.52	3.52
Analysed Met	3.11	3.42	5.08	4.54	6.63	5.60
Analysed cystine	3.47	3.47	3.46	3.45	3.47	3.46
Finisher (25–42 d)						
Met supplemented	0.30	0.21	1.73	1.22	3.17	2.24
Betaine	0.00	0.07	0.00	0.41	0.00	0.76
Calculated Met	3.29	3.21	4.73	4.22	6.17	5.24
Calculated cystine	3.23	3.23	3.23	3.23	3.23	3.23
Analysed Met	3.04	3.18	4.70	4.19	6.10	5.20
Analysed cystine	3.17	3.17	3.15	3.16	3.17	3.16

Rec: recommended Met.

<sup>a</sup>Low-DL or L-Met, 30% lower than Ross 308 recommendation (2014); 'Rec-DL or L-Met, Ross 308 recommended level'; 'High-DL or L-Met, 30% more than Ross 308 recommendation'.

<sup>b</sup>Betaine was substituted for 30% of supplemental DL- or L-Met according to its methyl donating capacity. Betaine contains about 3.82 times more methyl groups compared to Met.

A total of 1,200 one-day-old Ross 308 broiler chicks were randomly divided to be kept in two poultry houses. Each house was composed of 60-floor pens (10 birds per pen) with their own feeder and water line. Five pens in each house were given one of 12 experimental diets (five replicates/dietary treatment). The birds had *ad libitum* access to clean water and feed. Ambient temperature was reduced gradually from 32 to 22 °C by ~0.5 °C/day and maintained constant until the end of the rearing period. A cyclic HS episode (32 °C/6 h/d) was applied from 11 to 42 d in one of the houses. Relative humidity of ~60% and a cycle of 23 h light/1 h dark were also considered from day one until the end of the experiment.

### Growth performance

All chickens were weighed at the beginning and end of each rearing period and their body weight gain (BWG) was measured. Feed intake (FI) was also recorded periodically by taking into account mortality weights. Feed conversion ratio (FCR) was calculated by dividing FI by BWG.

### Sample collection and processing

One chick from each replicate close to the average weight of each pen was selected and killed by cervical dislocation on the 42nd day. No fasting was

performed before slaughter. The gastrointestinal tract was excised and contents of the duodenum and jejunum were thoroughly fluxed with normal saline to remove digesta. Finally, 2-cm length from the mid-section of the jejunum was cut and immersed in 10% formaldehyde-phosphate buffer and was maintained for microscopic assessment of mucosal morphology (Burkholder et al. 2008). Washed duodenal segments were opened longitudinally to obtain mucosa and were scraped into a microassay tube and were frozen in liquid nitrogen (Ojano-Dirain et al. 2005b) for further analyses. The duodenal mucosa and *pectoralis major* breast muscle samples were stored at –80 °C until further analysis for mitochondria isolation and malondialdehyde (MDA) concentration.

### Measuring malondialdehyde concentration

MDA concentration was assessed in breast muscle and duodenal mucosa samples spectrophotometrically at a wavelength of 532 nm according to the method proposed by Botsoglou et al. (1994) and was expressed as ng of MDA per g of tissue.

### Isolation of duodenal mitochondria and evaluation of respiratory enzyme activities

Mitochondria were isolated by differential centrifugation (Kolath et al. 2006) with some modifications as

**Table 3.** Main effects of ambient temperature (Temp), dietary methionine (Met) level and source as well as betaine (Bet) partial replacement on feed intake (FI), body weight gain (BWG), feed conversion ratio (FCR), duodenal respiratory chain complex (Cox) activities (U/mg of mitochondrial protein), and muscle and duodenal malondialdehyde (MDA) concentration (ng MDA/g tissue) in broiler chickens<sup>1</sup>.

Parameters	Treatments										p-Value			
	Temp		Met source		Met Level <sup>2</sup>			Bet <sup>3</sup>			Temp	Main effect		
	Heat stress	Normal	DL-Met	L-Met	Low-Met	Rec-Met	High-Met	+Bet	−Bet	SEM		Met source	Met Level	Bet
FI (g/bid/d)	95.12 <sup>b</sup>	98.04 <sup>a</sup>	96.49	96.66	97.14 <sup>a</sup>	98.86 <sup>a</sup>	93.73 <sup>b</sup>	96.54	96.61	0.591	.025	.878	.003	.955
BWG (g/d)	52.76 <sup>b</sup>	56.20 <sup>a</sup>	54.14	54.82	49.42 <sup>b</sup>	56.62 <sup>a</sup>	57.39 <sup>a</sup>	54.78	54.18	0.270	.008	.344	<.001	.403
FCR	1.81 <sup>a</sup>	1.75 <sup>b</sup>	1.79	1.77	1.98 <sup>a</sup>	1.70 <sup>b</sup>	1.65 <sup>c</sup>	1.77	1.79	0.007	.003	.102	<.001	.219
Breast muscle MDA	16.80 <sup>a</sup>	12.10 <sup>b</sup>	15.00	13.90	16.00 <sup>a</sup>	14.20 <sup>ab</sup>	13.10 <sup>b</sup>	14.70	14.20	0.219	.004	.140	.009	.567
Duodenal MDA	0.49 <sup>a</sup>	0.41 <sup>b</sup>	0.47 <sup>a</sup>	0.43 <sup>b</sup>	0.47	0.44	0.45	0.44	0.46	0.007	.014	.045	.518	.306
Cox I	20.60 <sup>b</sup>	22.70 <sup>a</sup>	21.50	21.80	20.90	22.20	22.00	21.70	21.70	0.155	.003	.577	.068	.947
Cox II	26.40 <sup>b</sup>	30.90 <sup>a</sup>	28.40	28.90	26.30 <sup>b</sup>	29.70 <sup>a</sup>	29.80 <sup>a</sup>	29.60 <sup>a</sup>	27.70 <sup>b</sup>	0.626	.037	.442	<.001	.007
Cox III	13.20 <sup>b</sup>	15.00 <sup>a</sup>	13.70 <sup>b</sup>	14.50 <sup>a</sup>	13.70	14.20	14.50	14.30	14.00	0.166	.017	.023	.091	.389
Cox IV	16.30	17.10	16.60	16.80	16.20	16.80	17.10	16.70	16.70	0.128	.052	.702	.359	.977

<sup>1</sup>Each of the four-factor combinations had five replicate pens of 10 birds each ( $r = 5$ ).<sup>2</sup>Low-Met, methionine level was 30% lower than Ross 308 recommendation (2014); 'Rec-Met, methionine level was equal to Ross 308 recommendation'.<sup>3</sup>High-Met, methionine level was 30% more than Ross 308 recommendation'.<sup>3</sup>Betaine was or was not substituted at the rate of 30% for supplemental DL- or L-Met.<sup>a,b</sup>Means for the main effect of Temp, Met source, Met level, or Bet without common superscript within a row are significantly different ( $p < .05$ ).

previously described by Sahebi Ala et al. (2019) (Supplementary Material S1). The activity of respiratory chain complexes was measured in a 96-well plate spectrophotometer at 37 °C with duplicate, using a final volume of 100 µL as described previously (Ojano-Dirain et al. 2005a) with minor modifications (see more details in Supplementary Material S1). Measurements were corrected for a path length of the 96-well plate and with appropriate blanks. The used reagents were purchased from Sigma-Aldrich Co. (St. Louis, MO, USA) or Merck Co. (Whitehouse, NJ, USA). Enzymes activities were expressed as units per mg of mitochondrial protein.

### Histomorphometry of the jejunum

Segments of the jejunum were cut to the longitudinal axis of the intestine and were embedded in paraffin wax. Transverse sections were cut into parts with 5–6 µm of thickness by a rotary microtome (Leica, Model: JUNG RMZOUS). Then, these sections were placed on glass slides and were stained by eosin and hematoxylin-alcian blue, and were analysed under a light microscope (Carl ZEISS standard 20, Germany) using image-analysis software (Dino-lite, Ver. 3.3.0.0, Korea). There was one cross-section per sample and the mean of three well-oriented intact villi and their associated crypt per cross-section was measured as an average value for each analysis. Morphometric variables were measured by the villus height (VH), crypt depth (CD), VH/CD ratio, and villus width (VW). Villus surface (VS) was calculated using the following formula:  $2\pi \times (VW/2) \times VH$ .

### Statistical analysis

All the data were subjected to analysis of variance (ANOVA) with a completely randomised design in a  $2 \times 2 \times 3 \times 2$  split-plot factorial arrangement with two temperature conditions; two sources of Met; three levels of Met; and two levels of betaine (for details on a statistical model, see Supplementary Material S2). Statistical analysis was performed using generalised linear model (GLM) procedure in SAS Institute Inc. (2009) statistical software (SAS Institute Inc., Cary, NC, USA) and differences between means were specified by the Tukey's *post-hoc* test. A  $p$ -value of  $<.05$  was considered statistically significant.

### Results

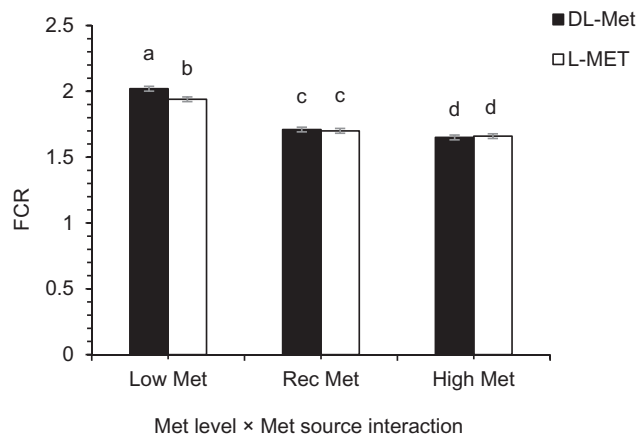
#### Growth performance

As shown in Table 3, cyclic HS had negative effects on FI ( $p = .025$ ), BWG ( $p = .008$ ), and FCR ( $p = .003$ ). The main effects of Met source and partial replacement of betaine on the growth performance of the chicks were not significant ( $p > .05$ ). Met level had a significant main effect on FI ( $p = .003$ ), BWG ( $p < .001$ ), and FCR ( $p < .001$ ). Although, FI was depressed in High-Met-fed chickens compared to those fed with Low- and Rec-Met diets ( $p = .003$ ) however, BWG and FCR were improved by the increased Met levels ( $p < .001$ ). An interaction effect of Met source  $\times$  Met level was observed for FCR ( $p = .03$ ) so that, FCR was greater in the birds fed with Low-DL-Met diets than those fed with Low-L-Met diets (Figure 1). All other interaction effects were non-significant ( $p > .05$ ).



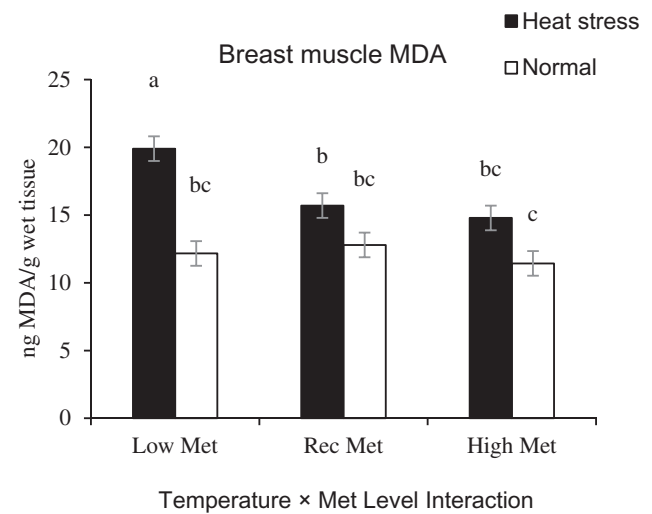
## Lipid peroxidation

Cyclic HS elevated MDA concentration in both breast muscles and intestinal tissues. The main effect of Met level on muscle MDA concentration was significant ( $p = .009$ ), while Met source had a significant effect on the concentration of MDA in duodenal mucosa ( $p > .05$ , Table 3). No effect was detected regarding partial replacement of betaine for MDA concentration in muscle and duodenal mucosa ( $p > .05$ ). The interaction effects of Met levels and ambient temperature were pronounced ( $p = .020$ , Table 4) for MDA concentration in muscle. HS increased concentration of MDA in breast muscle of the birds fed with Low-Met diets ( $p = .020$ ), whereas no significant difference was



**Figure 1.** Interaction effect of methionine (Met) levels and Met source on feed conversion ratio (FCR) of broilers reared under normal or heat stress conditions. 'Low-DL or L-Met, 30% lower than Ross 308 recommendation (2014)'; 'Rec-DL or L-Met, Ross 308 recommended level'; 'High-DL or L-Met, 30% more than Ross 308 recommendation'. Each of the four-factor combinations had five replicate pens of 10 birds each ( $r=5$ ). Values are means with their standard deviations represented by vertical bars. <sup>a-c</sup>Means without common superscript are significantly different ( $p < .05$ ).

observed for MDA concentration of breast between HS-exposed and thermoneutral chickens fed with Rec- or High-Met diets ( $p > .05$ , Figure 2). A significant interaction effect was also observed between Met source and ambient temperature for the concentration of MDA in duodenal mucosa ( $p = .038$ ). Under thermoneutral conditions, the birds fed with L-Met diets exhibited lower mucosal MDA concentration than those fed with DL-Met diets ( $p = .038$ , Figure 3). Although, the main effect of Met level on MDA concentration of duodenal mucosa was non-significant at



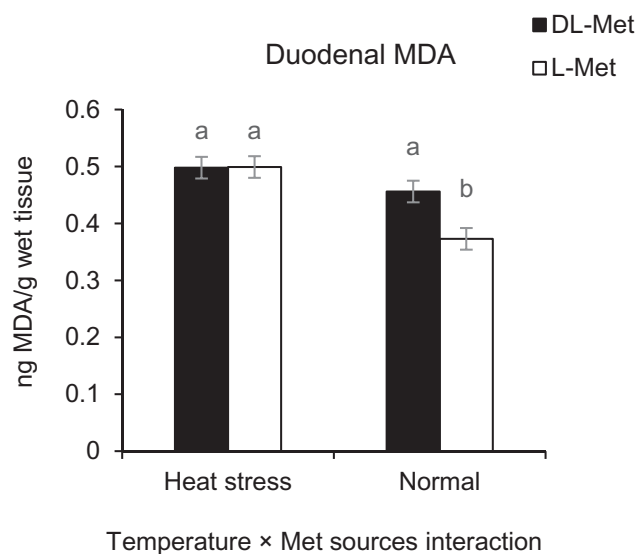
**Figure 2.** Interaction effect of methionine (Met) levels and temperature on breast muscle lipid peroxidation (ng MDA/g wet tissue) of broilers reared under normal or heat stress conditions. 'Low-DL or L-Met, 30% lower than Ross 308 recommendation (2014)'; 'Rec-DL or L-Met, Ross 308 recommended level'; 'High-DL or L-Met, 30% more than Ross 308 recommendation'. Each of the four-factor combinations had five replicate pens of 10 birds each ( $r=5$ ). Values are means with their standard deviations represented by vertical bars. <sup>a-c</sup>Means without common superscript are significantly different ( $p < .05$ ).

**Table 4.** Interaction effects of ambient temperature (Temp), dietary methionine (Met) level and source as well as betaine partial replacement on feed intake (FI), body weight gain (BWG), feed conversion ratio (FCR), duodenal respiratory chain complex (Cox) activities (U/mg of mitochondrial protein), and muscle and duodenal malondialdehyde (MDA) concentration (ng MDA/g tissue) in broiler chickens<sup>a</sup>.

	p-Values for interaction effects										
	T × MS	T × ML	T × B	MS × B	MS × ML	ML × B	T × MS × ML	T × ML × B	T × MS × B	MS × ML × B	T × MS × ML × B
FI	0.837	0.945	0.965	0.989	0.999	0.987	0.933	0.994	0.986	0.999	0.979
BWG	0.532	0.745	0.821	0.953	0.337	0.942	0.992	0.984	0.797	0.916	0.999
FCR	0.189	0.812	0.634	0.879	0.030	0.867	0.767	0.882	0.729	0.872	0.945
Cox I	0.938	0.422	0.538	0.525	0.645	0.780	0.472	0.363	0.873	0.594	0.549
Cox II	0.885	0.710	0.877	0.882	0.990	0.041	0.989	0.918	0.997	0.897	0.950
Cox III	0.109	0.397	0.389	0.960	0.209	0.501	0.272	0.052	0.743	0.954	0.629
Cox IV	0.146	0.446	0.260	0.596	0.129	0.074	0.791	0.958	0.887	0.672	0.793
Breast muscle MDA	0.078	0.020	0.539	0.781	0.125	0.715	0.349	0.978	0.648	0.181	0.824
Duodenal MDA	0.038	0.105	0.823	0.561	0.007	0.937	0.072	0.714	0.543	0.725	0.831

T: temperature; MS: Met source; ML: Met level; B: Betaine.

<sup>a</sup>Each of the four-factor combinations had five replicate pens of 10 birds each ( $r=5$ ).



**Figure 3.** Interaction effect of temperature and methionine (Met) sources on duodenal lipid peroxidation (ng MDA/g wet tissue) of broilers reared under normal or heat stress conditions. 'Low-DL or L-Met, 30% lower than Ross 308 recommendation (2014)'; 'Rec-DL or L-Met, Ross 308 recommended level'; 'High-DL or L-Met, 30% more than Ross 308 recommendation'. Each of the four-factor combinations had five replicate pens of 10 birds each ( $r=5$ ). Values are means with their standard deviations represented by vertical bars. <sup>a,b</sup>Means without common superscript are significantly different ( $p < .05$ ).

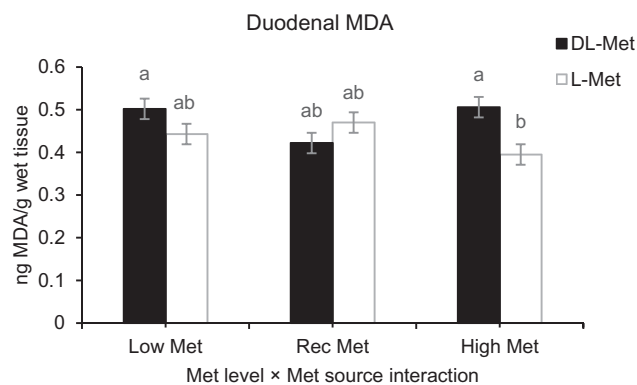
the highest level of Met ( $p > .05$ ) however, mucosal MDA concentration was lower in birds fed with a diet supplemented with L-Met than those received Met supplement in DL form ( $p = .007$ , Figure 4).

### Activity of duodenal mitochondrial complexes

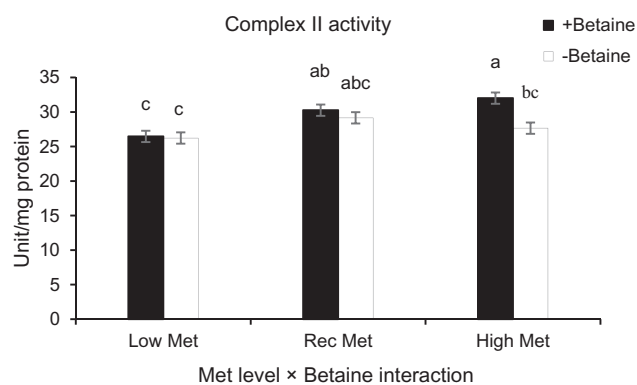
Except for complex IV ( $p > .05$ ), the activities of other complexes were negatively influenced by HS ( $p < .05$ , Table 3). The main effects of Met level ( $p < .001$ ) and partial replacement of betaine ( $p = .007$ ) were significant on Cox II, whereas the activity of Cox III was influenced by Met source ( $p = .023$ ). There was a significant interaction effect between Met levels and betaine for Cox II activity (Table 4,  $p = .041$ ) so that, partial replacement of the betaine increased Cox II activity in birds fed with a High-Met diet (Figure 5). All other interactions were not significant for complex activity ( $p > .05$ ).

### Jejunal morphology

The chickens reared under the HS condition showed lower VH, VW, and VS compared to those reared under thermoneutral conditions ( $p < .05$ ). The birds fed with diets supplemented with L-Met had greater VH ( $p = .044$ ) and VS ( $p = .021$ ) compared to those



**Figure 4.** Interaction effect of methionine (Met) levels and sources on duodenal lipid peroxidation (ng MDA/g wet tissue) of broiler reared under normal or heat stress conditions. 'Low-DL or L-Met, 30% lower than Ross 308 recommendation (2014)'; 'Rec-DL or L-Met, Ross 308 recommended level'; 'High-DL or L-Met, 30% more than Ross 308 recommendation'. Each of the four-factor combinations had five replicate pens of 10 birds each ( $r=5$ ). Values are means with their standard deviations represented by vertical bars. <sup>a,b</sup>Means without common superscript are significantly different ( $p < .05$ ).



**Figure 5.** Interaction effect of methionine (Met) levels and betaine replacement on duodenal complex II activity (U/mg of mitochondrial protein) of broilers reared under normal or heat stress conditions. 'Low-DL or L-Met, 30% lower than Ross 308 recommendation (2014)'; 'Rec-DL or L-Met, Ross 308 recommended level'; 'High-DL or L-Met, 30% more than Ross 308 recommendation'. Each of the four-factor combinations had five replicate pens of 10 birds each ( $r=5$ ). Values are means, with their standard deviations represented by vertical bars. <sup>a-c</sup>Means without common superscript are significantly different ( $p < .05$ ).

fed with diets supplemented with DL-Met (Table 5). No significant main effects of Met level and partial replacement of betaine were observed for jejunal morphology parameters ( $p > .05$ ).

## Discussion

### Growth performance

The detrimental effects of HS on the growth performance of broiler chickens have been well-documented

in a large body of literature (Belhadj Slimen et al. 2016), and are attributed to many physiological modifications, such as the increased production of ROS as well as changes in appetite regulation-related peptides and intestinal morphology (Song et al. 2014). In the present study, as expected, cyclic HS conditions had significant negative effects on FI, BWG, and FCR of the chickens. Higher energy loss via the elevated respiration, reduced FI, and retardation of nutrient digestibility due to the decreased VH, VW, and VS may be the cause of the reduced growth performance under acute HS in broilers (Wickramasuriya et al. 2019, Mello et al. 2015).

The main objective of this study was evaluating the potential of different Met sources and levels as well as partial replacement of Met by betaine in modulating the negative effects of HS. However, herein, no relationship was found between experimental diets and ambient temperature regarding the growth performance of the chickens. Our results were in agreement with other studies (Zulkifli et al. 2004; Ribeiro et al. 2005), showing minimal or non-significant response by Met sources and levels and betaine supplementation on animals' performance under HS condition. However, He et al. (2015) reported the improved weight gain and feed efficiency through dietary supplementation of betaine in broilers subjected to chronic HS. Differences in these results can be attributed to the duration and extent of HS, growth stages, and types of broilers and diets.

In the present study, higher efficiency of L-Met for FCR was observed than DL-Met in the overall rearing period. FCR was improved in Low-Met-fed chickens when DL-Met was replaced by L-Met, most likely due to the higher relative bioavailability of L-Met compared to DL-Met. According to Shen et al. (2015) relative bioavailability of L-Met to DL-Met for FCR is equal to 140.7. Park et al. (2018) stated that higher relative bioavailability of L-Met than DL-Met improved FCR from 1.70 to 1.63 in turkey poults. Zeitz et al. (2019) showed that plasma concentrations of D-Met and total Met concentrations were higher in piglets fed with DL-Met-supplemented diet. They stated that between Met enantiomers, D-Met was eliminated from plasma at a slower rate than L-Met, showing a certain time delay after feeding until the major part of the D-Met is converted into L-Met.

In contrast to these results, Dilger and Baker (2007) reported that the effectiveness of DL-Met for weight gain and feed efficiency was not less than that of L-Met when young chicks were fed with either purified or practical-type diets deficient in sulphur amino acids.

One possible mechanism underlying the observed effect is that the improved utilisation of L-Met may enhance jejunal development by longer villus and greater surface villus area as observed in this study. It seems that the efficiency of DL-Met for chickens may vary with respect to several factors, such as dietary factors and the age of chickens. Independent of Met source and level, partial replacement of Met by betaine had no significant effect on the growth performance of the chicks. This result suggested that DL- and L-Met supplements could be replaced by betaine at a rate of 30% in the diet of broiler chickens without any negative effect on growth performance.

### **Lipid peroxidation**

The increased level of MDA in the tissues subjected to the HS condition observed in the present study was in agreement with the previous reports (Huang et al. 2015). Huang et al. (2015) reported the increased levels of MDA in breast and thigh muscles representing oxidative damage caused by HS in skeletal muscles of broilers, regardless of muscle type. Yang et al. (2010) documented that as the temperature was elevated, MDA level was increased in serum and liver, and MDA level returned to pre-heat level by removing it. *Via* the Fenton reaction,  $H_2O_2$  reaction with mitochondrial  $Fe^{2+}$  leads to the production of highly reactive hydroxyl radical ( $OH^\bullet$ ), which in turn increases lipid peroxidation and MDA concentration.

The methyl donating role of Met and its indirect effect on GSH synthesis may have a key effect on the health of gastrointestinal tract (Shen et al. 2014). Our results showed that increasing Met level reduced MDA concentration (High-Met= 13.1 vs. Low-Met= 16.0). This finding is in agreement with a previous study that showed supplementation of Met slightly more than the recommendations increased GSH level in liver and thigh muscle of broilers subjected to HS (Zeitz et al. 2020a) moreover, there were lower concentrations of cholesterol oxidation products in heat-processed thigh muscle (Zeitz et al. 2020b). This may be because as Met access is increased, glutathione forms a storehouse of available cysteine (Ingenbleek and Kimura 2013).

Our results indicated that the concentration of MDA as an indicator of lipid peroxidation may be influenced by the source of Met supplement in the diet. Apart from Met level, L form of Met showed a greater modulating effect on lipid peroxidation in duodenum mucosa than DL form. Furthermore, at Low-Met level, L-Met supplement was more efficient



**Table 5.** Main effects of ambient temperature (Temp), dietary methionine (Met) level and source as well as betaine (Bet) partial replacement on jejunum morphology in broiler chickens<sup>1</sup>.

Items	Treatment										<i>p</i> -Value <sup>4</sup>			
	Temp		Met source		Met Level <sup>2</sup>			Betaine <sup>3</sup>		SEM				
	Heat stress	Normal	DL-Met	L-Met	Low-Met	Rec-Met	High-Met	+Bet	–Bet		Temp	Met source	Met level	Bet
VH (μm)	1354 <sup>b</sup>	1403 <sup>a</sup>	1348 <sup>b</sup>	1409 <sup>a</sup>	1332	1394	1409	1381	1376	7.96	.012	.044	.084	.842
CD (μm)	216	217	216	217	224	213	212	215	219	4.54	.849	.895	.260	.535
VH/CD	6.35	6.63	6.38	6.6	6.1	6.64	6.78	6.58	6.40	0.14	.230	.349	.064	.436
VW (μm)	147 <sup>b</sup>	176 <sup>a</sup>	158	165	159	168	157	166	157	5.46	.019	.183	.284	.125
VS (mm <sup>2</sup> )	0.62 <sup>b</sup>	0.77 <sup>a</sup>	0.66 <sup>b</sup>	0.73 <sup>a</sup>	0.66	0.73	0.70	0.72	0.68	0.02	.013	.021	.131	.158

VH: Villus height; CD: Crypt depth; VW: Villus width; VS: Villus surface.

<sup>1</sup>Each of the four-factor combinations had five replicate pens of 10 birds each ( $r = 5$ ).

<sup>2</sup>Low-DL or L-Met; methionine level was 30% lower than Ross 308 recommendation (2014), 'Rec-DL or L-Met, methionine level was Ross 308 recommended level', 'High-DL or L-Met; methionine level was 30% more than Ross 308 recommendation'.

<sup>3</sup>Betaine was or was not substituted at the rate of 30% for supplemental DL- or L-Met.

<sup>4</sup>Interaction between dietary methionine (Met) level and source and betaine partial replacement on jejunum morphology was not significant.

<sup>a,b</sup>Means without common superscript within a row are significantly different ( $p < .05$ ).

than DL-Met to modulate lipid peroxidation in the breast muscle of the chickens reared under the HS condition. These findings are in accordance with the study by Shen et al. (2015), who indicated that L-Met had a higher potential to modulate MDA concentration of intestinal mucosa than DL-Met. Met sulfoxide is formed by a variety of ROS due to their reaction with Met residues in proteins. Reduced Met sulfoxide is catalysed back to L-Met by Met sulfoxide reductases, consequently scavenging ROS, while D-Met could not be reduced back to D-Met after oxidation to D-Met sulfoxide (Cudic et al. 2016). Thus, D-Met has less antioxidant activity in mucosal cells than L-Met.

Similar to Met, scavenging of free radicals and methyl donor properties have also been reported for betaine (Alirezai et al. 2011). Fu et al. (2016) stated that the birds fed with diets supplemented with betaine replaced by DL-Met at 25, 50, and 100% equivalent levels had similar MDA content in breast muscle compared to those fed with the control diet. In the current study, it was found that partial replacement of both DL- or L-Met at 30% equivalent level by betaine had no significant effect on the jejunal morphology and MDA concentration of breast muscle under thermoneutral or HS conditions. Together, these findings confirmed the potential of methyl donors to modulate lipid peroxidation in the duodenal mucosa.

### Activity of duodenal mitochondrial complex

The level and activity of mitochondrial enzymes reflect oxidative capacity for adenosine triphosphate (ATP) production in animals, and enough energy production through oxidative phosphorylation in mitochondria ensures cell survival. Therefore, inefficiencies in duodenal mitochondrial function may reduce the efficiency of converting feed into demand tissues or eviscerated body mass (Ojano-Dirain et al. 2005a).

In the current study, the activity of mitochondrial respiratory chain complexes is negatively influenced by cyclic HS that is in agreement with the previous reports (Yang et al. 2010). Therefore, growth performance in HS-exposed chickens than those reared under thermoneutral conditions may partially be associated with lower activity of mitochondrial complexes. Although, dietary treatments had no significant modulating effect on HS-induced reduction in the activity of duodenal complexes, a positive effect of Met level was observed on the activity of Cox II. Del Vesco et al. (2014) revealed that under HS conditions where H<sub>2</sub>O<sub>2</sub> production was increased, Met supplementation could attenuate ROS-induced damage, possibly due to its participation in the biosynthesis of GSH. Bottje and Carstens (2009) hypothesised that the increase in complex II activity could be attributed to ROS-induced reduction of damages to protein complex by increasing synthesis of GSH peroxidase in treatment containing the highest Met level.

Interestingly, it was observed that partial betaine replacement at a High-Met level diet improved Cox II activity, probably by reducing the generation of nitric oxide (Kharbanda et al. 2012) and stimulating mitochondrial biogenesis (Lee 2015). These findings suggested that when dietary Met has been enough to meet the chickens' requirement, dietary inclusion of betaine may have a positive effect on duodenal Cox II activity. Furthermore, these findings provide an insight into the effect regarding the relationship between Met, betaine, and HS on mitochondrial function in broilers' duodenal tissue that has not been reported in the literature to date and maybe the starting point of further studies.

Higher activity of Cox III in duodenal tissue of chickens fed with L-Met compared to DL-Met-fed birds may be attributed to the higher affinity of transport

systems for L-isomer (Dilger and Baker 2007) and greater efficiency of L-Met for GSH production in the gastrointestinal tract (Shen et al. 2015) rather than D-isomer. However, the underlying mechanisms would remain unknown.

### Intestinal morphology

Disruption of intestinal epithelium integrity is one of the physiological changes in response to stress conditions (Collins et al. 2012). In this study, cyclic HS decreased VH, VW, and VS of the chickens. Burkholder et al. (2008) showed that birds subjected to 30 °C for 24 h presented a decrease in crypt depth than those raised at 23 °C. In contrast, Quinteiro-Filho et al. (2012) did not find any differences in the villus and crypt structures in birds subjected to HS conditions (31 and 36 °C). These inconsistencies in reports are probably due to the amount and duration of exposure to HS (Uni et al. 2001).

Villus height and surface area in the birds fed with L-Met were greater than those fed with DL-Met diets. Inconsistent with our results, Shen et al. (2015) reported that L-Met as a direct source of Met supplement was more efficient than DL-Met for intestinal development. Zeitz et al. (2019) hypothesised that higher L-Met availability supported the production of the Met metabolite, SAM, which is used for the synthesis of polyamines that are crucial for intestinal epithelial growth and integrity. Also, polyamine reduction has been shown to decrease gene expression of tight junction proteins involved in gut barriers function (Guo et al. 2005). Therefore, L-Met may support gut barriers function and villi development better than DL-Met, as already reported for gut morphology in weaned piglets (Shen et al. 2014) and broiler chicks (Shen et al. 2015). Intestinal morphology of chickens remained unchanged by partial replacement of DL- or L-Met by betaine at Low-, Rec-, and/or High-Met levels. Therefore, it can be concluded that betaine and Met may have a similar function in intestinal morphology. Some studies have indicated that betaine improved the development of the intestinal tissues due to its osmolyte action and consequently, promoting nutrient digestibility and absorption (Eklund et al. 2005). When intestinal cells are exposed to ionic and osmotic stress, betaine is accumulated in stressed cells and retains intestinal cells through the replacement of inorganic ions, preventing inactivation of enzymes as well as cell membranes (Petronini et al. 1992).

### Conclusion

Our results indicated that cyclic HS negatively influenced growth performance, intestinal development, and duodenal activity of respiratory chain complexes. These negative effects of HS were not modulated by dietary Met supplementation (DL or L form) at levels of 30% lower, equal, or higher than the recommendation. Lipid peroxidation was elevated in the breast muscle of chickens by HS, especially in the chickens fed with Low-Met diets. L-Met compared to DL form of Met supplement was more efficient to improve jejunal morphology and Cox III activity and also to reduce the duodenal concentration of MDA. All of these results were also observed when DL- or L-Met was partially replaced by betaine at a 30% equivalent level.

### Disclosure statement

No potential conflict of interest was reported by the author(s).

### Ethical approval

All procedures were approved by the Animal Care and Use Committee of the Ferdowsi University of Mashhad, Mashhad, Iran.

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### ORCID

Ahmad Hassanabadi  <http://orcid.org/0000-0002-8601-7983>

Abolghasem Golian  <http://orcid.org/0000-0001-9419-1175>

### Data availability statement

The data that support the findings of this investigation are available upon reasonable request from the corresponding author [A. Hassanabadi].

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