The Study and comparison of theoretical concepts in Islamic and modern psychology

Mohsen Shahabi, Ph.D. student of the comparative studying in islamic religions, University of religions and denominations, Qom
Hamidreza Aghamohammadian Sharbaf
Professor of psychology, Ferdowsi University of Mashhad

Abstract
A few years talked about the Islamizing of Psychology, which are based on Islamic fundamentals in Muslim countries, in this article have tried to present the overview of the modern and Islamic psychology, in comparing; determine, compare and evaluated carefully the definitions, history and psychology of modern and Islamic goals.

Key words: modern psychology, Islamic psychology.

Introduction
Considering to the man and his studying has a long history and has been considered the various religions and culture of schools from ancient times. Less thinker and scientist and philosopher can be found who as a way is not paid to identify the man and his study; so that always has been intended to identified and attention the dimensions of his man existence from doctrines and schools of India to Greek and Roman philosophy; and from ideas of Medieval thinkers, from the Renaissance to the present time. We should not forget that is leaning to the identified the human person, in the course of the evolutionary cycle, every school and system of thought, on the concept of special and particular conception of the man, in fact which showed the regarding its school of the man(ZINATI, 2013). In our course of in a few years, also referred to the Creation School of Psychology; this article is to evaluate accurately the differences in definition, historical and purposes of modern psychology and the real face of the theoretical concepts of modern psychology and what will lead to provide the name of the school of psychology.

The definitions of modern psychology:
Since the establishment of modern psychology, has also Emphasis to follow the criteria of modern science to be accepted by scientists as a scientific discipline. This requires to strengthening of Positivist and Imperialism approaches which is in the field of science; but the string problem of psychology is that Its theme is not compatible with the use of laboratory methods and Sensory experience, And this is forced to so scrambling modern psychology for the definition of this science and explain its methodology, so that emphasized by Positivist and has challenged them with other part of psychologists who have less attention to positivist. In fact, the modern psychology from the beginning of its definition and the definition of the studied subject and its methodology has been plagued by chaos and disorganization of the vote; what can know as an identity crisis of inherent in contemporary psychology, which had also continues (Zarshenas 1999). Throughout the history of psychology has been providing various definitions of psychology. In the beginning, the psychology was knowledge that most paying. To human psychological and spiritual phenomena were discussed in biology and medical; but gradually, include financial aspects, as well as the dimensions of the human mental along with the progress of science and technology, psychology. The science constantly changed, and over time evolved. (Shojaei, 1997) in the study of history psychology definitions, these definitions are seen:

- 1884 AD: psychology was the study of the spirit.
- 1890 AD: psychology was the study of mental life in both outward the manifestations of behavior, and within emotions of human beings.
- 1904 AD: Psychology was the study of mind, nothing more than it and nothing less than it.
- 1940 AD: The Psychology was the science that studies and investigates the mind and mental processes such as awareness, Emotion, memory.
- 1961 AD: Psychology was the science that deals with the study of human and animal behavior.
- 1987AD: Psychology was the study of the mind and behavior.
- 1994 AD: Psychology is the scientific study of conscious and the unconscious mental processes and behavior of living organisms.
• 2001 AD: Psychology is the study of the nature, functions, and visual effects of behavior and mental experiences.
• 2006 AD: Psychology is the study of the mind, the study of human behavior, the study of mental and emotional processes.
• 2009 AD: Psychology is the scientific study of behavior and their mental processes. (Forghany, Nouri Sheikh Shoai, 1391).

But in the best definition, psychologists knows "the scientific study of human behavior and mental processes" but all psychologists especially behaviorists do not agree with this definition and knows the psychology as only the study of observable behaviors knows (Ganjii, 1991, p. 3). In the above definition, see that the final definition cover all of pervious definitions. When we say the scientific research, the purpose of the study, which is methodical based on the experimental methods and hypotheses and tests or other methods that eventually, be reached in the set of accepted science. In this definition our purpose of behavior is more obvious aspects of human behavior, such as reasoning, judgment, and judgments, and ... as well as the emotional aspects of humans, such as motivation, emotions, fears, obsessions, aspirations, hopes and physiological aspects, such as changes in the nervous system or glands system and their effects on physical and mental states of human that can classify them under psychological processes (Forghany, Nurii, Sheikh Shoai, 2012).

The definitions of Islamic psychology: Up to now has been providing the different definitions of Islamic psychology. the Islamic Psychology, Fouad Alahvany is defined as in 1962 AD: “Islamic psychology is a branch of psychology religion which deals with the religious issues related to human cognition of Muslims.” (Alsabih, 1419 AH). Merci (1418 BC) believed that three different definitions and through three groups were as follows for the Islamic psychology:
- The first group has titled the same definition as the Alahvany Fouad. He explained that the believes of this Islamic psychologists group, that they know the Islamic psychology as a branch of psychology, devoted to religious studies expert among Muslims and in fact is related to the science of psychology that there is the in psychology of religion. But this view is not accepted through many psychologists and researchers; because these some people believe that Islam is different from other religions.
- The second group called the Islamic psychology as an alternative or exchanges the definition of Western psychology and in this regard to education which incurred in the Qur'an and Sunnah and what the scholars of Islamic with their jurisprudence have been released in the description of verses and Hadith and understanding of them, they express, although this definition and believe is superior of the vote of first group; but this group have deprived themselves from many Western scientific issues that opposition does not have a problem with Islamic beliefs; therefore, the opinions of this group does not have an inclusive.

- The third group argues that the Psychology is the science of the true and nature of human existence and goals and eventually him and his contact with God and with other people and existence and mental and the nature and circumstances and the components and the correction factors and signs of balance and deviations, and modes of Refinement and containment and prevention of deviations and its management, as well as what causes the happiness and the misery of human and his psyche. This knowledge also is discussion about the relationship between the human psyches with body and soul and the heart [heart] and Communication and their development as well as of human behavior and motivation and goals, its values, habits, his tendencies, his thoughts, his temptations and whatever in life with his efforts, in connection with belief in God as well as psychological and social balance in the world and the fate of his Hereafter which is effective in his faith. "Gharavii offers another definition of Islamic psychology: "Psychology is the scientific study of behavior in a way that is compatible with the culture and the Islamic world." (Khademian, 2010, p. 7). Hosseini provides another definition of the expression in his book about the preliminary Principles of Psychology study: "Islamic psychology performs the study of factor life and work of life In accordance with the divine Islamic teachings and Islamic leaders and considering that psyche is one of the signs of God, In fact psychology is responsible for the interpretation of the one signs of God." (Hosseini, 1989 p, 13). Forghany and his colleagues argue in the book of, taking a look at the Islamic Psychology: "Islamic psychology is a branch of Islamic Studies, that a Muslim psychologist placed the principle of their religious beliefs to study the psychological problems and issues of their favorite. Here is the touchstone to assess, accuracy and psychological integrity problems and issues, conform them, or at least the lack of conflict, with the Islamic definitive statements. In simpler terms: "Psychology is the science of Islamic to study the behavior and mental processes In addition, the principles, assumptions, goals and applications is consistent and throughout With the Islamic teachings. " Forghany et al., 2012, pp. 25 and 26), Saad Riaz in the book of Encyclopedia of Psychology and Islamic...
psychotherapy, writes in the definition of Psychology: "Islamic psychology is the collection of spiritual and principles issues which reviews the human behavior and guidance him, What is advantageous for him in this world and hereafter. On the other hand depicts the correct relationship between him and the other creatures "(Saad, 2008, p 0.503). Surveying of modern psychology: considering three periods for it in the longevity of psychology: 1. The period of psychological issues did not have any scientific structure and preoccupied as only concerns the mind of human; in this sense the psychology of life is the length of human life that was limited his knowledge in this course and regardless of the prophets, the correct description of the phenomena of the world, which was not the general behavior and self dynamics and make them from the suspicion and presumption, probably to attributed mysterious causes and factors and was interpreted through the power of his spirits. (Shojaei, 2006). People turned to the magic to solve their psychological problems at some point in this course and in other time by appealing to influence in the body, physically or chemically, by torturing variety of herbal and chemical medicines, mention and Word, hitting, burning and generally superstitions, seeking to treatment for mental illness.

- The second period is as part of a philosophy that has been under the same title in philosophy. In this period that starts from the fifth century before Christ, there were the Philosophical topics especially the topic of human nature in the Greek philosophy. Philosophers such as Aristotle and Plato were the champions of this science. At this time, the thought of Greek philosophical gradually was sent to the West and the Orient. According to history, the first philosophy books translated into Arabic in Iran by orders the Mamoun Al Rashid, and then he issued the order to translate all the works of Aristotle. So translation of this book began in early third century AH (9th) and then, in the course of history, Islamic philosophy has become to more completed form by scholars such as Abu Nasr Farabi, Ibn Sina, and with the maturing of ancient philosophy. One of the most important issues in ancient philosophy has been understand of human nature. This nature of the Islamic philosophy translated to “ego” And was named “psychology” which its review has been undertaken scientific what is discussed about the reality of the soul, essence and celibacy, the power and quality of the relationship between mind and body, self-creation step, invalidity reincarnation, and the fortune and misfortune of man .and were studied about the philosophers, human nature from the path speculation, intuition, and generalizations based on their limited experience according to the last quarter of the nineteenth century(Rafeie Honar, 1389). During this period, we have a good scientific treasures If want to have comprehensive view to the psychology, we cannot ignore it. Including a discussion in the research methods of Muslim scholars, and have been using of four different methods empirical, intellectual, or philosophical, spiritual or narrative and revelation. (Sheikh Shoai et al., 2011).

- The third period of psychology, when began scholars have speculated that the natural sciences and biology tools to respond the questions about human nature is useful, hereinafter were considered "mind" Therefore, used of controlled observations in the laboratory, and little by little was formed the branch of philosophy, which was independent of the "Psychology". According to historians, what distinguishes the ancient system philosophy of the new psychology and the emergence of that as an independent science, is about the using of approaches and techniques so Psychology gained the independent identity of its philosophical roots. (RAFIE HONAR, 2010) In fact, know the beginning of scientific psychology coincides with the establishment of the first laboratory of psychology by "Wilhelm Wundt" At the University of Leipzig, Germany, to 1879 AD, (Rita al. And others translated Baraheni et al., 2006). Wundt taught many students with a new approach of psychology in during his lifetime and when the students left the Wundt in Leipzig, establish laboratories in their territories and created an independent investigation. It was at this time that the science of psychology spread in different directions. New fields, new methods, new theories and new systems gradually emerged of psychology. All those who had studied in Leipzig did not follow the Wundt’s methods. (Miz yak, Sexton, translation by Rezvani, 1982). In the late eighteenth and early nineteenth century were taken the significant research and discovery of different fields of scientific such as physiology, anatomy, physics, chemistry and mathematics that were very effective in development of experimental psychology or classic and science; since had used the data classic psychology of some other sciences such as philosophy, Physiology, physics and biology, In fact, psychologist were physician or physiologist or philosopher or physicist or other scientist in science; at that time before they were turning to psychology And as a distinct point of view looked to psychological issues; at this time, was created significant differences between them on issues relating to knowledge and the Study of techniques or the ways of experienced which led to the formation and emergence of schools and different approaches of psychology. (SHOAI Sheikh et al., 1391). The age of
psychology schools continued until about 1940 AD; although the impact of these schools can be seen in modern research. Since time, the written content is very limited about the history of psychology (after 1940). Psychology schools were tend to be surrounded on all areas that was in the field of psychology. For example, did not limit themselves to learning the concerned behavior, although learning was the main subject of interest and research, they also use of their concepts in other areas such as thinking, language, and child development were doing also. (SHAMSE ESFAND Abad, 1990).

Surveying the Islamic history of psychology in Muslim countries: After the advent of Islam have witnessed sporadic efforts by Muslim; for example, among the scholars of Islam can be considered Imam Mohammad Ghazali among Islamic scholars such as al-Farabi and Ibn Sina, the founder of the Islamic psychology in the fifth century, the efforts of the Islamic thinkers of modern psychology can be seen in recent decades, That everyone have tried to provide the kind of new faces of psychology which based on the adaptation and adoption of Islamic teachings to the Muslim community; So that it can respond to the needs of the Muslim community and Islamic countries. But conclusively, Cannot be named the exact year, as the establishment year of Islamic schools psychology because the dispersed of Islamic countries and poor communication between Muslim writers and the absence of Congress or a special forum during this period. In recent years the first works that may have been among the first attempts to Islamizing of Psychology; can be named the MA Literature thesis of Mohamed Osman Nejati at the University of Cairo (Foud University at the time) has been defending in 1942 AD, , In the form of a book titled " Ibn Sina’s feelings " which was published in 1948. Then Ahmed Fouad Alahvany wrote the introduction on the book of Abdolkarim Osman titled as "psychological studies of Muslim scholars and Ghazali," in 1962 AD. From this time onwards saw the release of some professional journals that is the most famous magazine “the Modern Muslim” (the the Modern Muslim) are published by "Jamal al-Din Atieh" in Beirut in 1974 AD then these efforts were transferred in universities that one of them can be named the college "education" King Saud University (the ancient Riyadh) which attempt to holding the psychology and Islamic congress in the 1978, year, then the World organization "of Islamic thought" join to the efforts located in Washington of America and by holding the different Congress have a great help to this problem with different branches of psychology, which include the holding Congress of Cairo in 1989 to as named "Islamic psychology". (The favor, 1416 AH); However, these efforts are still going on in Muslim countries.

Surveying the objectives of modern Psychology: "Ahmad Ezzat Rajeh” a professor of psychology in the University of Alexandria of Egypt, in his book "Principles of psychology" writes the purpose of the science of psychology from the standpoint of "behaviorism for psychology that it’s dignity and degree is the same other science there are three main objectives:

1- Understanding the meaning of behavior, conduct and interpret and explanation of its behavior; 2 - Expression of quality on the basis of behavior; 3. Recording their behavior and firm means the behavior modification and its explanation and attempt to build a beautiful and making the beautiful behavior "(Haqqti Zanjani,1989), The main purpose of psychology in beginning is behavioral understandings, emotion, cognition, human, its scientific descriptions, , And then explaining the background and causes of the these three factors, and Finally is also correction, guidance, and the three dimensions of human development (Salari far, 2010). In general, there are two types of objectives in regarding to the study of modern psychology; one is the overall goals of psychology, irrespective of any character of religions and different perspectives of schools about the subject; And the other goals and objectives that are important to the owners of each school, as well as is required to the various comments in the science of psychology and the various disciplines. The first kind of these goals are general and includes the different perspectives of psychology and its various disciplines and the second type has specific goals, which considered ideas and special schools in the whole field of their psychology and will implement them outside. (Haqani zanjani, 1989); when discussing about the objectives of modern psychology, firstly; should distinguished the fundamental researches and applied research and professional activities. The objectives basic psychology is the same of other purposes science. (Bonjeh; Ardina ,translated by Zareiyan, et al 2009) ), Psychologists searching in the objective of modern psychology, to study the scientific study of behavior and the defined mental processes and aimed to describe, understand, predict and control the behavior of living things (DEIMKAR, 2008). In scientific psychology, physical descriptions, valid explanations and predictions (back though) are correct. When called as a describing objective, which states correctly about the nature of reality and don’t fantasize. A causal explanation,
when valid that pay to a strong argument to consider certain assumptions and certain data (Bonjeh; Ardina, translated by Zareiyan, et al. 2009). As described these definitions in the following: Behavior: The order of behavior in psychology are those activities that can be seen with experimental devices by a living organism (DEIMKAR, 2008). Explanation: valid explanation, the use of a strong argument based on the rules of deductive logic, no analogy and induction.

Mental processes: The order of mental processes is those living activities that are not directly observable, but it can be deduced from the work of individual behavior. Examples of behavior include reading the book and samples of mental processes such as problem solving, thinking style, the changes related to learning and memory understanding and...

Description: the purpose of descriptions is a detailed record behavioral observation described, naming and classifying what happened or will happen. In other words, the actual descriptions not fantasize (DEIMKAR, 2008).

Explanation: valid explanation, means the use of strong argument based on the rules of deductive logic, not an allegory and induction (Bonjeh; Ardina, translated by Zareiyan, et al. 2009).

Understanding: the purpose of understanding that we can explain the causes of the behavior (DEIMKAR, 2008), or in fact to find for the understanding and relationships between observable behavior with other phenomena. Our understanding will lead to better understand and more realistic of ourselves and others and incentives which is the cause of behavior. . (Mahmoud Mohammed (2007 m).

Forecast: The order of forecast is that by describing and explaining the behavior to predict the future of individual behavior.

Control: means being the alert to the situation and circumstances that affects on behavior as foreseeable manner (DEIMKAR, 2008). In fact, control the behavior is related to forecasts, So that disconnecting the two of each other is not possible. (Mahmoud Mohammad, 2007 AD).

Study of Psychology goals: If you refer to sample and understand the goals of Islamic psychology, First, pursuing to identify the goals in resources and sources of the Islamic psychology where derived from that. Accessing will be realized to this goal according to legal sources and extraction the objectives Islamic psychology of these resources, and we will convey to the purpose. Considering to the narrated hadith of the Prophet Muhammad (P) and Imam Ali (a), which states (who knows himself, has been known his Lord) In fact, expressing the real purpose of Islamic psychology. The accuracy of this tradition and its emphasis is in order to suggest that if someone knows himself and his soul (psyche) can be achieved to the recognition of his Lord. In other words, in this tradition and Or similar hadiths quoted from the words of Prophet such as the most useful knowledge is self-knowledge “has very emphasis on the aspect of self-knowledge, and since the Qur’an and Sunnah are the main sources of Islamic psychology, finding one of the main objectives of Islamic psychology can be cognitive aspects. Now we want to know what are the aspects of knowledge? The author believe, it is true that self-knowledge approached us to understand the Creator; but here this hadith is refers to this fine point: O man see and think about the idea of creation and own nature and your creation. Means that the human is stewards of God on earth, according to the verse “and God said to his angels, I will create the man as a Khalifa on the earth”. Since of your creation to the next, you are represent to this issue and have a serious responsibility; Means the same dignity and representation and a great which God has in the midst of creatures, In human nature, the Lord has been given to you and committed to practice this duty and this mission and your representation and would be governing in this regard. The accuracy in the Quran refers to the creation of man, which depicted this reality about the creation of man in three places; human is created

From sedimentary soil layer (Salsali Kalikhar). In elsewhere, the Lord refer to created

The human from clay and also refer to created the human from malodorus sludge (malodorus sludge) Then tells I blew my spirit in this dried sludge and was created the man. The accuracy in this issue makes clear to us and that is common in the language of common people, there is nothing the inferior of mud. The sludge is source of bacteria and germs and the filth mine and bad odor which has a high degree of filth in mind, but this foul-smelling of sludge suddenly receive to the highest one in the world by blowing the spirit of God and achieved to the official succession of God; In fact, this represents the fact that the man has two faces. One aspect, he is facing towards the improvement and perfection another aspect is willing to Postal. Namely there are two different degrees in human existence, which he
may be able to access both of them and of course to move this issue in the direction of perfection, have been taken the Guides as named of prophets that show the right way to him and also caution is necessary about his downfall as well as evil aberrations has been revealed to him. So although were mentioned of them in the Hadiths, The goal of Islamic psychology has been titled as self-knowledge but self-knowledge is a general term; in fact, according to the goal of truth human existence in the world and the development and dissemination of correct ethics and proper behavior is in accordance with the nature and the secrets of the creation of man and the needs of human society. Real hadith of the Prophet (s) “If anyone knows himself, has been known his God” (Fattal Neyshabouri, 1999 Ad) makes more complete this entry and leads that one who knows better himself and have more appropriate of moral individualities, Islamic, humanitarian and behavior to the divine commands, will be better close to the stewards of God on earth and have higher self-knowledge. In all verses and hadiths that always presented the face of God to human is as a manifestation of morality, kindness, generosity, mercy, wisdom, patience, justice, and .... So that most of the meanings of God's names (the great names) of God is evident, most of which is moral and educational times; however the question arises, who is to succeed him closer to God? Naturally, the answer to this question without saying, who is more similarities with the owner characters, and as the owner of his position is decorated with all good qualities, Naturally, how should be like his successor? The answer is also clear to this question. So again, we found that the main objective of Islamic psychology promoted the humanity and morality and good behavior can respond to human needs. Of course, the Islamic psychology has other goals. In looking of Islamic psychology to humans that only is not the experimental stock, the human which only is composed of one dimension; therefore version presented of the psychology appropriate to the nature and the creation of human, so that can be responsive to their needs. Of course other objectives for the Islamic of Psychology can be considered in this regard that some of them are following: surveying the Islam as an ideology, from the perspective of psychology expertise and applying its ideas. Implementation of anecdotal Words and intellectual words of Islam on daily basis is useful and practical methods of the day.

- Converting the words of heaven, measurable behavior of human ethics, through psychology tests.
- Action in bring the holy Imams of Educational trophies in human societies of today and tomorrow.

Inspired by the principles and branches of Islam and the use of humane teaching and training in literature and the integration of the modern principles of psychology, which matched commands of making the man of Islam and vice versa coordinate the principles of psychology with cognitive dimensions of behavior and ethics,

- Challenging the modern psychology in response to today and tomorrow needs of human.
- Reconstruction of the identity and personality of today and tomorrow with modified dimensions of knowledge, his moral and behavior.

- the new scientific production in educational culture of today’s human and educational experts in Islamic psychology as the best and latest of Educational mission from God equipped with the tools of practical psychology science in days, (BAKHSHI, 1388).
- The purpose and methods of psychology is not the making of decomposition and scattered, but also is unifying and integrating, that considered to the integrity of human and allows him to return it. (Yaghubi, 2003, p 0.128).

Islamic psychology can consider all the goals of modern psychology but they do not stop and also raised more goals. Therefore Islamic psychology can serve in religion, knowledge of religion, morality, publicity and the promotion of religion and religious community. This knowledge can be institutionalized religious concepts in the shadow damage and ways to spread religion was recognized religion. (Forghany and colleagues quoted by Gharavi, 2012 b, p. 114), Understanding the spirit (factor life) as non-material phenomena; thus leading human on the path of growth.

- Recognizing the demission of human psyche.
- Unlocking the desire to control the nature and thus guide humanity on the path of growth. (Haqqani Zanjani, 1999).

- Awareness to the traditions of God in the universe, discover the signs of divinity, so humans Can better to understand and understanding the authority of greatness divine.
- Regulation of humans actions and the progress of human society and islamic, in accordance with God’s will and his consent.
- Strengthen the faith in hearts and consolidating and strengthening of Islamic fundamentals in society, Choosing the best way of life in accordance with God's will.
- Since psychotherapy is considered the branch of psychology that a person can reach to inner peace, In Islamic psychology, the Peace appropriate with existence and nature of his requirements by using the spiritual knowledge in addition to achieving this peace guarantee the true happiness for him in the other world.
- Understanding the issues and factors that can disrupt the peace of human beings in the world.
- Changing human’s attitudes in dealing with problems, So about the changing of this view, in the fact human did not know as problem of any problem so know a sign of the grace of God almighty, divine grace and beauty. So that increases the strength of will and will be increase the threshold of individual tolerance, as far as this issue will be reinforced That person endurance and sacrifice of his life for the satisfaction of Lord and even finds adversity and suffering as a sign of the mercy of God And in many cases would lose his life in the way satisfaction of lord. Awareness and familiarity with the issues of metaphysics and parapsychology and the effectiveness of these issues, whether positive or negative in human lives so that find the relationship between these problems with the day’s issues of life is almost impossible in the modern sciences or science of modern psychology.
- Providing a balanced human to society in regard to all relevant material and spiritual needs with the creation of man and the intricacies of his creation, So in this system, not seen the problems confusion of votes in modern psychology schools which each of them staring of angular to a man.
- Increasing the number of techniques to achieve the peace of mental. Islamic psychology provides cooperative good deeds Good practices and techniques in both sides to achieve the peace of life and the other hand by boosting the number of goals; strengthened and make easy the use of these techniques in daily life. For example, during a daily exercise, individuals don't considered to their mental health and peace, he avoided of anger and attention to good tempered, or forgiveness, and crossing the error of people, Only to his mental health, or the other party does not consider, but firstly takes the satisfaction of Lord And then the health of his soul. At this time, by increasing the number of targets is more strengthened the use of behavioral technique, and achieved a better result.
- The perfect answer to all questions and questions of human and the reasons of life and its philosophy and even clarify many questions after his death. Create incentives and motivation and full strengthening techniques to achieve mental peace by strengthening the reward system(World and the Hereafter) on the other hand leave the disruptive factors in undermining the soul of the individual and human society, through appropriate Islamic punishment and hereafter. (Note to death, range, and the Islamic penal laws based on Islamic law and punishment of the Hereafter)
- Full attention to health of body and its effectiveness on the health of mind and soul, and vice versa as a perfect example of Psychosomatic that exists in this system.
- Pay attention to interpersonal relationships, solving the problems of daily life and social problems, Cultural matters, social, educational, economic, increased the life expectancy and ...
The attention of humans to this point that prosperity and happiness of human is imperfect in happiness world and the man must search prosperity and happiness in another world. In other words, the purpose of psychology is regulation of human actions on the basis of salvation, is not based on prosperity.
- Connecting the relationship between science and faith, reason and the mind, body and spirit, and connecting the logical relationship between spiritual and material factors and behavior; so that it is able to offer the logical framework and spirit of human to what is going in his inner.
- Presented the new results of scientific research in accordance with Islamic rules, applied this Sciences to use better and more fruitful for the Muslim community, accordance with beliefs and culture of the society.
- Teaching and learning of self-control areas.
- Achieving to the school of psychology, this school answer to the right, to all human needs which can be responds to the needs of human as a standard school.
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