Grounded Approach of Developmental Strategies and Implications of Physical Education Course in Primary Schools of Tehran

Introduction: The development of Physical Education is feasible in our society, when a constructive and i ve evolution takes place on the current sport programs in the context of education. Thus, the present γ aims to determine the strategies and the implications of the development of Physical Education Course in the primary schools of Tehran.

Methodology: The present study is qualitative based on Strauss & Corbin paradigm. First, the causative contextual and interventional conditions have been identified and then the final paradigm is constructed based on the interviewers’ opinions.

In the present study, the statistical sample was 12 elected teachers of Physical Education in the primary schools of Tehran in respect to the nature of the study and the sampling is based on the research purpose subject to the theoretical saturation, who were interviewed and the findings and results were illustrated, after encoding the data.

Results: According to the interviewees’ opinions and the pivotal selective encoding, the following components were included as the causative conditions: the consideration of the Physical Education Program, the significance and the consideration of the school managers and other teachers at all levels on the Physical Education Program, the educational top managers’ weak viewpoints on sports, the budget limitation on the Physical Education division, the small number of standard sport equipment and learning-assistant tools, renting the sport facilities of students to other institutes. The interventional conditions include: the consideration of the expertise of the human resources in the context of the Physical Education, the considerations of the students’ requirements and interests and talent acquisition, furthermore, the stabilizing concepts in the management structure of the Physical Education, advertisements, and acquisition of other entities’ support through the media, training the human forces in the in-service courses have been recognized as the contextual condition.

Discussion: According to the findings, the interactive strategies include: the development of the human resources, the dedication of the budget and the adequate resources in the context of Physical Education, the appropriate sport equipment and facilities. In this regard, the identified implications on the strategies include: the efficacy of sports on the students’ health, financial planning and investment, the consideration of education and training well-skilled human resources and acquiring the cooperation with the other entities, whereas these are by some means consistent with the strategies. Therefore, it is suggested to a structured framework to strengthen physical education in schools acquired.
Keywords:
Implications • Developmental Strategies • Primary Schools • Physical education

Themes:
Training in Physical Education and Sports Science among Middle School Students